

Garden Sprouts Winter 2010

"If a child is to keep alive his inborn sense of wonder without any such gift from the fairies, he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement, and mystery of the world we live in. – Rachel Carson ("The Sense of Wonder") 1956

Spending time outside should be fun for both children and adults. A growing wave of research shows that children who spend time outdoors are healthier overall than their indoor counterparts. Garden Sprouts allows pre-schoolers and their "big people" time together in which they discover that, at any given moment, something wonderful and exciting is happening outside. Using plants, both indoors and outdoors, The Frelinghuysen Arboretum engages your child's curiosity and starts the development of an appreciation for the natural world.

Winter Skeletons

The leaves are gone and all that's left are the bare bones of the trees. Look at their shapes and sizes and discover what's going on inside trees in a walk around the arboretum.

Date: Wednesday, January 13
Time: 1p.m.

Big and Small

Some plants are big and others are small. Why do they grow into the sizes they do? We'll search for the biggest and the smallest outside and inside.

Date: Thursday, January 21
Time: 1p.m.

Snow What?

What does snow do for plants and what happens if it doesn't snow? Explore the uses of snow in the garden.

Date: Tuesday, January 26
Time: 1p.m.

What Smells?

Different plants have different smells. Some plants smell good and some plants smell awful! Bring your nose along for a smell safari.

Date: Tuesday, February 2
Time: 10 a.m.

Deer Me!

Deer are one of the biggest mammals living in the arboretum. We may hate them but they are cute. Look for tracks and other signs of deer and learn how to keep them from eating your garden down to the ground.

Date: Wednesday, February 10
Time: 1p.m.

Don't Throw That Away!

Done with that apple or that peach? Not so fast! Learn how to start a garden from all your leftovers.

Date: Thursday, February 18
Time: 1p.m.

Invent a Plant

What are the parts of a plant and what do they do? Find parts new and old during a walk around the gardens and invent your own plant in whatever crazy colors you like.

Date: Wednesday, February 24
Time: 10a.m.

Lotsa Dots

Some leaves are green with white spots, some plants are white with green spots and some have spots that are pink or red or purple. Learn why.

Date: Tuesday, March 2
Time: 1p.m.

These programs, for pre-schoolers ages 3 through kindergarten, feature outdoor garden walks, crafts or other learning activities that will introduce young children to the world of plants and nature. **Dress for indoor and outdoor time.**

All children must be accompanied by an adult and have celebrated their 3rd birthday. The fee is \$6.00 per class for members and \$9.00 for non-members.

Up We Go

Trees are reaching for the sky and way up on their tops there's a lot going on. Look for signs of spring and signs of who just might be living up so high.

Date: Wednesday, March 10
Time: 1p.m.

Good Morning, Sunshine

Days are getting longer and new plants are happy. Look for new plants just peeking out, searching for that early morning sun.

Date: Thursday, March 18
Time: 10a.m.

Topsy Turvy Time

Is it spring? Is it winter? Will the plants grow or will they wait a few more weeks. Things may be blooming and if they are, we'll find them no matter how small.

Date: Wednesday, March 24
Time: 1p.m.



RESERVATION FORM

Please select desired classes on reverse and make appropriate payment

Child's name/s _____ Child's age _____
Adult's Name _____
Address _____
Town and ZIP _____
Phone _____
Email _____

Would you like an email confirmation _____ yes _____ no

Please send payment to FRIENDS, PO Box 1295, Morristown, NJ 07962-1295
Phone (Business) _____

The Friends of The Frelinghuysen Arboretum
PO Box 1295
Morristown, NJ 07962-1205
[www..arboretumfriends.org](http://www.arboretumfriends.org)
[www. morrisparks.net](http://www.morrisparks.net)

First Class Mail



Garden Sprouts



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Garden fun and education
for ages three
through kindergarten