

# What's Cooking in Autumn

with Chef & Master Gardener Cynthia Triolo  
at The Frelinghuysen Arboretum

Chef and Master Gardener Cynthia Triolo has cooked and baked at many New Jersey restaurants and has been teaching children and adults the joys of food for just about two decades. A wide range of topics will be covered but the focus of Cynthia's Cooking Series will be on seasonal, locally-grown food. Recipes will be given as well as a tasting of each of the items made in class.

**Time:** 1pm - 3pm • **Cost per Class:** \$20 members / \$25 non-members



Sunday, November 20

*Register by November 6*

## STUFFING FOUR WAYS COOKING DEMONSTRATION

Does your stuffing have you stuck?  
Tired of the same old dreary dressing?  
Want to try something new this  
Thanksgiving? Join us for this cooking  
demonstration and we will explore four  
different ways to make your stuffing sing!  
This cooking demonstration is sponsored  
by Whole Foods Market in Madison.

Register early. Space is limited.

