

Morris County Park Commission

What's Cooking

with Chef & Master Gardener Cynthia Triolo
at The Frelinghuysen Arboretum

353 East Hanover Avenue, Morris Township, NJ 07962

Chef and Master Gardener Cynthia Triolo has cooked and baked at many New Jersey restaurants and has been teaching children and adults the joys of food for just about two decades. A wide range of topics will be covered but the focus of Cynthia's Cooking Series will be on seasonal, locally-grown food. Recipes will be given as well as a tasting of each of the items made in class. Space is limited.

Time: 1:00pm - 3:00pm • **Cost per Class:** \$20 members / \$25 non-members

Perfect Picnics

SUNDAY, MAY 22



There is something innocent, evocative and exciting about a picnic. Even if it is just a bologna sandwich in the park, they are always fun. Gain some inspiration and some new recipes in this cooking demonstration given by Chef and Master Gardener Cynthia Triolo and go have a picnic in any of the parks of the Morris County Park Commission!

Recipes and samples provided.

The Friends of The Frelinghuysen Arboretum



www.arboretumfriends.org

353 East Hanover Avenue, Morristown, NJ 07962



Call 973.326.7603

to register



www.morrisparks.net