



at The Frelinghuysen Arboretum  
353 East Hanover Avenue  
Morris Township, NJ 07962

Nicole Coons of Bright Life yoga studios and an avid gardener has put together a yoga practice particularly suited to gardeners to help us get in shape and stay in shape for the upcoming garden season. This is a five session class; 4/21, 4/28, 5/5, 5/12 and 5/19. A make-up session will be held on 5/26.



**5 Thursdays, beginning April 21**

*register by April 7th*

**11:30am – 12:30pm**

\$45. for series or \$12 per class members

\$50. for series or \$15 per class members



Call 973.326.7603

to register