

Cabin Fever Movie Series



at The Frelinghuysen Arboretum
353 East Hanover Avenue • Morristown

Sunday, February 20

2pm-4pm

\$5. per person, includes snacks!

About this time of year, the four walls start closing in and its “cabin fever” time.

If you are looking for a pleasant way to spend a Sunday afternoon, join us for thought-provoking, environmentally-themed movies and some excellent snacks. Movies are shown on the big screen, in the warm and comfortable Haggerty Education Center Auditorium.



For February: Three environmentalists who marched to their own drum

Recommended for ages 13 to adult

The Shaman's Apprentice—Ethnobotanist Mark Plotkin's quest to preserve the ancient wisdom of the Amazonian shamans is interwoven with rainforest legend and western science in this 54 minute long documentary. Dr. Plotkin seeks to capture the ancient plant wisdom of the shamans before their knowledge and their world is extinct.

The Close to Nature Garden—Japan's revolutionary gardening guru Masanobu Fukuoka's unique approach to agriculture is detailed in this 24 minute long documentary. Filmed in 1982, it is more relevant

than ever, especially in view of genetically modified seeds. A simple quote from Fukuoka “The ultimate goal of farming is not the growing of crops, but the cultivation and perfection of human beings,” is a good example of his philosophy.

Circle of Plenty—John Jeavons is widely recognized as the “Father of permaculture.” Meet him and his co-workers at Common Ground in this 1987 film about a way to think and to grow crops that has finally come of age.

The Friends of The Frelinghuysen Arboretum



www.arboretumfriends.org

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Call 973.326.7603

to register



www.morrisparks.net