

Garden Sprouts Winter 2012

Bring your favorite preschooler to the arboretum for this series of programs designed for the budding nature explorer. Just because it's winter, doesn't mean there isn't any exploring to be done outside and in the gardens. Each week young people along with a favorite grownup will explore different gardens around The Frelinghuysen Arboretum and learn just how important plants are and how they do what they do. Each walk will include an activity and a story. Garden Sprouts will be lead by Master Gardeners Ingrid Witty and Lily Mehl.

Spending time outside should be fun for both children and adults. A growing wave of research shows that children who spend time outdoors are healthier overall than their indoor counterparts. Garden Sprouts allows pre-schoolers and their "big people" time together in which they discover that, at any given moment, something wonderful and exciting is happening outside. Using plants, both indoors and outdoors, The Frelinghuysen Arboretum engages your child's curiosity and starts the development of an appreciation for the natural world.

All classes will take place at 11:00am on the following Mondays. Participants may sign up for as many or as few as they choose.

January 9 **Treats on Trees**

It's cold outside but bird and animals still need to eat. The plants have lots of seeds and fruit and young explorers will seek them out.

January 23 **Forever Green**

Think there's no color in the garden during winter? Think again. Discover just how many different shades of green there are.

January 30 **Take 5**

Young explorers use the five senses to learn about plants.

February 6 **Winter Wonderland**

Now that everything is bare in the garden, it's a great time to look at bark, berries, thorns and other crazy parts of the plants outdoors.

February 27 **Yum! Yum! Yum!**

Weather permitting the maple sap will be running. Learn how tree sap becomes delicious syrup and have a taste, too.

March 5 **Animal, Vegetable, Mineral**

Plants are alive and people are, too. Learn how people are more like plants than you think and how to tell what's alive and what's not.

March 12 **Seedy Living**

How do seeds work and what do they do? Take apart a seed and plant some others to grow at home

These programs, for pre-schoolers ages 3 through kindergarten, feature outdoor garden walks, crafts or other learning activities that will introduce young children to the world of plants and nature. **Dress for indoor and outdoor time.**

All children must be accompanied by an adult and have celebrated their 3rd birthday. The fee is \$5.00 per class for members and \$7.00 for non-members.

March 19 **Wake Up!**

Spring is here, at least the calendar says so. Look around to see what's up and what's already in bloom.

March 26 **Helping Mrs. Robin**

The birds are busy making new nests or fixing up old ones. Learn what they use, how they do it, what materials they use and how you can help.

"If a child is to keep alive his inborn sense of wonder without any such gift from the fairies, he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement, and mystery of the world we live in.

– Rachel Carson ("The Sense of Wonder")

1956



RESERVATION FORM

Please circle desired classes and make appropriate payment — \$5 members, \$7 non-members

Jan 9, Jan 23, Jan 30, Feb 6, Feb 27, Mar 5, Mar 12, Mar 19, Mar 26

Child's name/s _____ Child's age _____
Adult's Name _____
Address _____
Town and ZIP _____
Phone _____
Email _____

Would you like an email confirmation _____yes_____no_____

Please send payment to FRIENDS, PO Box 1295, Morristown, NJ 07962-1295
Phone (Business) _____

The Friends of The Frelinghuysen Arboretum
PO Box 1295
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First Class Mail



Garden Sprouts



Winter 2012

Garden fun and education
for ages three
through kindergarten