



arboretum leaves

spring 2015

The Friends of The Frelinghuysen Arboretum



You're Invited to the 20th Annual Friends'

Plant Sale

Plant Sale Preview Talk

Want to find out what's new and exciting at this year's 20th Annual Plant Sale? "Plantaholic" Sue Acheson presents a program highlighting a long list of fabulous plant picks for gardens large and small. Attendees will be able to pre-purchase certain featured plants using cash, checks or credit cards.

Date: Saturday, April 18 – *Register by April 4*

Time: 10:00 am – Noon

Cost: Free, but registration is a must

Members Only Preview Plant Sale

Join us Friday evening for first choice of the amazing variety of plants we have for sale. We specialize in color, texture and fragrance for your garden. A fine selection of trees, shrubs, perennials, annuals and herbs will inspire you to take them home for your garden. Plant Advisors will be on hand to answer questions about new plants and recommend plants to enhance your garden. You must be a member to attend. Cash, checks and credit cards are accepted.

Date: Friday, May 1 – *Register by April 17*

Time: 4:00 pm – 7:00 pm

Cost: Free, but registration is a must

Saturday and Sunday Sale

Members and the public are always awed by the variety of plants and best prices we will have to offer but, not to worry, we will have Plant Advisors there to help you decide on the best plant for your needs. Check the website to see the plant list so you can come prepared to buy your favorites and perhaps something new. Plant Sale proceeds benefit Horticultural Education at The Frelinghuysen Arboretum. Cash, checks and credit cards are accepted.

Dates: Saturday, May 2 and Sunday, May 3

Time: 9:00 am – 3:00 pm

Cost: Free

Junior Master Gardeners Vegetable Sale

Our Junior Master Gardeners have selected some wonderful tomato and pepper cultivars for your vegetable garden. They will offer more than a dozen kinds of each of these tasty nightshades at the 2015 Plant Sale. Meet the kids and their crops at the Members Only Friday evening sale, or on Saturday. You can find the Junior Master Gardeners in the rear of the tent. Just like our other Plant Experts, they provide advice and tips. Even if you are not planning to purchase a tomato or pepper plant, please stop by and chat with these young gardeners. We are proud of their accomplishments and their vegetable-growing knowledge.

(Plant Sale continued on page 2)

notes from the board

This year we are celebrating twenty years of Friends' Plant Sales. Many of you have been enjoying great plant picks in your own gardens because you've supported the sale over the years. It's such a wonderful way to ensure that the important work of the Friends continues at the arboretum. This year we're going to have an even bigger selection and a larger variety of plants because we want to share our love of gardening with our members and neighbors.

Horticulture is endlessly fascinating!

- It's scientific – from new DNA analysis changing many plant names to propagation programs that give us exciting new cultivars
- It's aesthetic – with endless color and texture combinations possible to feed into our own creativity
- It's therapeutic – whether it brings a special moment of discovery with a loved one or revives us after a tough day at work.

So, come join us on the first weekend in May. Preview the sale at Sue Acheson's talk on April 18th, check out our entire list online, read our blogs and get to know what our Plant Advisors think about our plants, register for the Members' Sale on Friday evening, and come back on the weekend to pick up those plants you really won't want to miss.

Come join us to celebrate a fabulous 20 years and for some great plant shopping with a wonderful team of knowledgeable, hard-working volunteers and Morris County Park Commission staff. (See the insert for information on how to become a volunteer and get even more out of the plant sale this year.)

Patti Millar and Ilona Ontscherenki
Plant Sale Co-Chairs

Volunteer and Learn: Before, During, and After the Sale

The Friends is a non-profit organization that partners with the Morris County Park Commission to provide programs, free tours, a horticultural reference library and so much more. Before, during, and after the sale we get help from many volunteers – most are members, but some are not – who work many hours in preparation for this important fundraiser. Although we work hard, we also have tons of fun and learn a lot about the plants we'll be selling. Volunteering your time to help is a wonderful way to build your gardening knowledge, to make new friends, and to learn more about all the other events sponsored by the Friends throughout the year. See the insert for more details on how you can help.

The 20th Annual Friends' *Plant Sale*

(continued from page 1)

2015 Plant Dividends Summer Bulbs for Sun & Shade!

This year, choose from a variety of Caladiums or Gladiolas. For images of the varieties we'll be giving away, see the Plant Sale page at arboretumfriends.org.



Dividends may be picked up at the Members Only Preview Sale on Friday, May 1 or at the Plant Sale on May 2 & 3. They may also be picked up at the Haggerty Education Center from Monday, May 4 through Friday, May 8 between 9:00 am - 4:30 pm.

Plant Sale Box Suppers

Have a freshly made, delicious box supper delivered right to the Plant Sale Tent on Friday night! Matilda's Café is offering a tasty selection of boxed supper choices for Friends Members for \$15 each.

Please select one sandwich and one salad.

Sandwiches

(served on your choice of rustic Italian bread, whole wheat or croissant)

- Ham with Cheddar Cheese, Coleslaw & Horseradish-Dijon
- Roasted Turkey with Avocado, Swiss Cheese & Tomato
- Brie Cheese with Fresh Arugula & Cucumber
- Assorted Cheeses with Prosciutto, Lettuce & Red Pepper
- Homemade Hummus with Grilled Vegetables, Tomato & Alfalfa Sprouts

Salads

- Seasonal Fresh Fruit Salad
- German Cheese Cake Pudding with Strawberries
- Cottage Cheese with Fresh Berries & Honey
- Pasta Salad of the Day

All suppers come with chips, a short bread cookie, and a bottle of water and will be delivered to the Plant Sale tent at 4:00 pm.

To order and prepay, please call Christina at 973.394.1100 by Monday, April 27.

GREAT AUTHORS SERIES



Ellen Zachos

Backyard Foraging with Ellen Zachos

You don't need to trek into the forest to forage edible plants. You'll be amazed by how many of the plants you see each day are actually nutritious edibles! You will learn tips on where certain plants are likely to be found, how to avoid pollution and pesticides, and how to recognize the plants you should never harvest. This award-winning speaker makes foraging as safe and simple as stepping into your own backyard. Ellen Zachos is a professional gardener and proprietor of Acme Plant Stuff, a garden and houseplant maintenance company. She is also the author of several books, including *Backyard Foraging*, *Tempting Tropicals*, *Orchid Growing for Wimps*, and *Down & Dirty*. A book signing will follow the program.

Date: Saturday, June 13 – Register by June 1

Time: 10:00 am – Noon

Cost: \$25 members / \$30 non-members

ecology & the environment



Friends Annual Meeting

The Annual Meeting provides a chance to meet the new Friends of The Frelinghuysen Arboretum's Board of Trustees and to thank the Board's departing members for their service.

This year, enjoy an excellent presentation, "Rare Wildlife in New Jersey" by David Wheeler, Executive Director of the non-profit Conserve Wildlife Foundation of New Jersey. Following the presentation, Hospitality Chair, Patti Millar, welcomes you to enjoy a variety of light refreshments.

Please register early by calling 973.326.7603 or by going online to reserve your seat.

Date: Sunday, June 14 – Register by May 29

Time: 1:00 pm

Cost: FREE, but registration is a must

Rare Wildlife in New Jersey

Explore the unparalleled array of imperiled wildlife species that call New Jersey home – and learn why the Garden State offers unmatched biodiversity, wildlife habitats, and opportunities for outdoor nature adventures!



David Wheeler

David Wheeler is the Executive Director of the nonprofit Conserve Wildlife Foundation of New Jersey. Mr. Wheeler has worked on environmental issues in New Jersey and beyond for more than a decade. He is the author of the 2011 book *Wild New Jersey: Nature Adventures in the Garden State*, and a contributor to the 2014 book, *Bald Eagles in the Meadowlands and Beyond*. Mr. Wheeler earned his M.B.A. from New York University's Stern School of Business and his B.A. from American University in Washington DC.

The Potting Shed

Join us every month for an informal look at some DIY garden projects.

- *April 12 – Compost Happens*
Learn how to turn your kitchen scraps, garden waste and autumn leaves into compost. Purchase worms to start your own worm bin at home.
- *May 3 – Tomato Growing 101*
Learn all you need to know to grow your own and purchase some heirlooms to plant.
- *June 7 – As Fair as An English Rose*
Learn the history of the modern day rose and get an overview on their care. Then, we'll trot along to see the Frelinghuysen's roses and you'll get to take a cutting home to grow forevermore at your castle.

It's free to watch the demonstrations, and a small fee (paid in cash, please) to join in.

These programs are eligible for 1.0 Rutgers Master Gardener CEU's.

Dates: See above

Time: Noon – 1:00 pm

Cost: \$5

Grow, Cook, Eat: From Spade to Spatula

Go from spade to spatula each month with Horticultural Program Specialists Gwen Montgomery and Cynthia Triolo. The series focuses on a different garden vegetable every month during the growing season and offers growing suggestions, planting tips, pests and diseases, new varieties and recipes. April's focus is on Annual Herbs, in May we'll be discussing the best veggies to grow in containers and June is all about edible flowers. We'll have seeds, recipes and a tasting sample to get you motivated to get out in the garden and plant.

- *April 15 – Annual Herbs*
- *May 20 – Container Vegetables*
- *June 17 – Edible Flowers*

Each session in this series is eligible for 1.5 Rutgers Master Gardener CEU's.

Dates: See above

Time: 7:00 pm – 8:30 pm

Cost: \$15 members / \$20 non-members

Lilacs: An Old Fashioned Plant for Modern Day Gardens

What better place to explore the world of lilacs than at Willowood Arboretum with their extensive collection. Marc Zukovich, President of Sterling Horticultural Services will talk about the many different varieties of this lovely plant, how to prune them for the best blooms and their care and feeding. Afterwards, we'll take a stroll through the collection to see them up close.

This program is eligible for 2.0 Rutgers Master Gardener CEU's.

Date: Saturday, April 25 – Register by April 11

Time: 10:00 am – Noon

Cost: \$15 members / \$20 non-members

Make a Culinary Herb Strawberry Jar

Plant a strawberry jar filled with choice culinary herbs at this popular hands-on workshop led by Lesley Parness, Superintendent of Horticultural Education. These classic terra cotta containers often frustrate gardeners as they can be difficult to maintain. You will learn the professional's secret tricks for successful strawberry jars and your jar will flourish all summer. Be rewarded with cuttings of fresh herbs to create memorable summertime meals. Fee includes all materials and a terra cotta strawberry jar which can be re-planted next year.

This program is eligible for 1.5 Rutgers Master Gardener CEU's.

Date: Wednesday, May 6 – Register by April 22

Time: 6:30 pm – 8:00 pm

Cost: \$35 members / \$40 non-members

Injury Free Gardening

Before you start the bending, the reaching, the digging and the stretching, learn how to move. Gardening can relieve stress and promote wellness, but not if you are hurting yourself by moving incorrectly.

Physical Therapists Joel Hirschhorn and Dave Mistry address some of the most common gardening-related injuries and show you how to avoid them. Special attention will be given to arthritis and knee-related issues. This two-part program begins in the classroom with some simple anatomy lessons and exercise suggestions. Then, we move outdoors for demonstrations of how to improve your balance, use a shovel, a rake, a wheelbarrow and all that other garden paraphernalia. Now's the time to get ready for a healthy gardening season! Dress in comfortable clothing that you can stretch in and sneakers or sports shoes.



Joel Hirschhorn & Dave Mistry

This program is eligible for 2.0 Rutgers Master Gardener CEU's.

Date: Saturday, May 9 – Register by April 23

Time: 10:00 am – Noon

Cost: \$10 members / \$12 non-members

*Those Crazy Victorians:
Plantsmanship in
Great Britain circa 1837-1901*

The practice of horticulture during the reign of Queen Victoria was particularly fervent. The Elizabeth Donnell Kay Rare Book Collection contains many volumes from this period. We'll study books on orchids and ferns, works from the colonies, books by Charles Darwin, the travels of Robert Fortune, and ivy, which the Victorians embraced as particularly well suited for funereal needs. The fee includes a one year Individual Membership to The Friends of The Frelinghuysen Arboretum. All proceeds benefit the Rare Book Collection.

Date: Sunday, June 7 – Register by May 23

Time: 2:30 pm

Cost: \$15 members / \$40 non-members



*Cooking
Demonstration:
Chutneys*

The quintessential British condiment isn't really British at all. Chutneys are a staple of Indian food and were brought to England during the Colonial period. From there they were introduced throughout the world. Some sources say that Major Grey was a fictitious character but his chutney is certainly delicious. We'll make that and several others in this cooking demonstration.

Date: Sunday, April 19 – Register by April 6

Time: 1:00 pm – 3:00 pm

Cost: \$20 members / \$25 non-members

Cooking Demonstration: Cherries Jubilee

This iconic dessert is definitely on the menu as we celebrate the start of cherry season here in New Jersey. Learn to make traditional French clafoutis, and two other recipes using fresh and dried cherries.

Date: Sunday, May 31 – Register by May 15

Time: 1:00 pm – 3:00 pm

Cost: \$20 members / \$25 non-members

Poet's Walk and British Breakfast

A fine day in June is the perfect time to celebrate the connection between landscapes and poetry. Take an early morning walk and learn about the Frelinghuysen's English roots with Lesley Parness, Superintendent of Horticultural Education. We'll pause at some inspirational spots for a poetry reading. If you have a favorite British poem, please bring it along to read. Spiritually fortified, we'll then set upon a Full British Breakfast prepared by Chef Cynthia Triolo including a fry-up of eggs, bangers, mushrooms, beans, roasted tomatoes, crumpets and scones. Don't forget your wellingtons (rainboots) and brolly (umbrella) in case of inclement weather.

Date: Sunday, June 28 – Register by June 14

Time: 8:00 am – 10:00 am

Cost: \$20 members / \$25 non-members



Garden Tours Return



On the first Sunday of the month, from April through October, meet us in the lobby of the Haggerty Education Center for a tour of the grounds of The Frelinghuysen Arboretum. Learn some of the history and enjoy the beauty of this exceptional horticultural site with a knowledgeable tour guide.

Dates: Sunday(s), April 12, May 3, June 7, July 5, August 2, September 6 and October 4

Time: 2:00 pm

Cost: \$3 per person

Tea and Roses

Enjoy an afternoon tea and a tour of The Frelinghuysen Arboretum, as part of the year-long "Focus on England." From the moment you arrive at Matilda's Café, overlooking the very English Cottage Garden to your last tasty morsel of scone, you will be immersed in the British history and garden elements at this regional center for horticulture. An hour long leisurely stroll through the grounds is followed by a delicious tea featuring a variety of tea sandwiches, pastries and beverages. Group reservations are accepted based on availability, so reserve early as seating is limited.

Dates: Wednesday, May 13 and
Wednesday, June 10

Time: 11:30 am – 1:30 pm

Cost: \$35 per person, please call
973.394.1100 to make your reservation.

Bus Trip: South Fork Saunter

See Insert for this fabulous trip

Date: Tuesday, June 2 & Wednesday, June 3
Register by May 15

Time: Bus leaves at 8:30 am SHARP
and returns by 8:00 pm Wednesday.

Cost: \$350 member / \$375 non-members
includes bus, hotel, full breakfast,
all garden admissions, guided tours and a
one-year individual membership
to The Friends of
The Frelinghuysen
Arboretum.



children's programs

Fairy Furnishings Ages 6 and up
Fairy gardens are all the rage. What makes a house a home for fairies is the same as for people – the furnishings! Make five adorable fairy furnishings for your home Fairy Garden or to bring to Fairy Day at The Frelinghuysen Arboretum on June 28. Furnishings include a sweet birdhouse, a finely wrought arbor and more. Arboretum staff will guide children through the steps to complete these projects. Adults stand by and cheer on the progress and give an occasional hand.

Date: Saturday, June 6 – Register by May 23

Time: 2:00 pm – 3:30 pm

Cost: \$20 members / \$25 non-members



Fairy Day

Fairy Day is a day for fairies, magic, and wishes to come true. For one day, put aside the cynicism of the modern world and embrace the possibilities of the unknown, and believe in fairies. For centuries, fairies have been an important part of culture and legend, and in all of the ancient legends, these mythological creatures are described as intelligent, mischievous, and magical.

Mortals don't often see fairies because of the division between our world and theirs but creating special fairy houses can draw them into our world. Families are invited to the Sylvan Terrace to build homes for these visitors. All supplies – bark, branches, lichens, mosses, feathers, stones and leaves – will be provided, or bring your own as long as it's natural. Fairies shun man-made materials. Summon the fairies with music and fairy snacks and learn which plants and trees will attract fairies to your own backyard. You never know when you might stumble across something magical!

All the fairy houses will be on display through the end of July. To see photos of previous Fairy Houses or to get ideas for your own house visit www.arboretumfriends.org.

Date: Sunday, June 28 – Register by June 14

Time: 1:00 pm – 3:00 pm

Cost: \$30 per house



art in the Arboretum

In Our Gallery

April – Whimsical Botanicals by Caitlin Lodato and Claire Braun

Whimsical Botanicals features floral and tree landscapes in a variety of media including watercolors, pastels and colored pencils. Caitlin and her grandmother, Claire, have enjoyed showing their work together for the past 15 years. Caitlin has a degree in art and education and has been teaching art for over 10 years. Claire, through her life-long love of art, has built an eclectic portfolio. Both artists reside in Denville, New Jersey.

May – Stories of Flowers by Artist Hannuo (Echo) Wu

Treat yourself to the stunning watercolor paintings of flowers by artist Echo Wu. Her magnificent show is inspired by flowers in all four seasons. Echo is an expert in the technique of Chinese watercolor and will amaze you with the beauty and serenity of her flowers.

June – Flowers and Plants by the HUB Camera Club

The popular HUB Camera Club is returning with a show devoted to flowers and plants. A variety of styles, interpretations and techniques will be on display. The HUB Camera Club was founded in 1998 to promote photography as an enjoyable hobby for all skill levels and is a member of the NJ Federation of Camera Clubs.

Photo Scavenger Hunts

A Special Spring Break Scavenger Hunt

Head over to the arboretum for this special spring break scavenger hunt designed to "Take it Outside." Bring your camera or cell phone as well as a good set of observant eyes. Find most of the items on the list and take home a prize for the entire family. There's a lot going on out in the gardens all year round – you just have to look for it.

Dates: Saturday, March 28 through Saturday, April 4

Time: Families welcome to participate any time between 9:00 am and 3:30 pm

Cost: \$10 per family

Spring Weekend Scavenger Hunt

Grab a camera or phone and stop by the Haggerty Education Center for a nature photo scavenger hunt. Visitors can pick up the list, head outside and shoot away. Take a picture of every item, return to the Education Center and pick up your prize. Scavenger lists will change every month. April's theme is "Hello Spring"; May's is "The Merry Month of May"; and the theme for June is "Live In Color". What a great way to explore the arboretum and to get the family outside in the fresh air.

Dates: Saturdays and Sundays in April, May and June

Time: Families welcome to participate any time between 9:00 am and 3:30 pm

Cost: \$10 per family

affiliate member programs

All are free and open to the public

African Violet Club of Morris County

20th Annual Show and Sale – “Violets in the Golden West”

Saturday, April 11 1:30 pm – 4:30 pm

Sunday, April 12 11:00 am – 3:00 pm

“What do I do with that African Violet I just bought” – panel discussion about light, soil, fertilizing, re-potting, and propagation of African Violets.

Wednesday, April 15 – 7:30 pm

“Leaf Bingo” swapping of African Violet leaves (must RSVP: Karyn Cichocki, kdc05@ptd.net)

Wednesday, May 13 – 7:30 pm

The Frelinghuysen Arboretum Gesneriad Society

“Hoarders: One couples’ unnatural compulsion to try to grow it all”. Jim Roberts will present a slide program of the plant collection he and his partner grow in their Marriottsville, MD home.

Thursday, April 2 – 7:30 pm

“Growers Forum” – panel discussion about growing Gesneriads, the plant family which includes African Violets. Participants are encouraged to ask questions or bring in problem plants.

Thursday, May 7 – 7:30 pm

Great Swamp Bonsai Society

Annual Bonsai Open House

Sunday, June 7 9:00 am – 4:00 pm

The Home Garden Club of Morristown

Lecture on Hardy Camellias – Joe Keiffer from Triple Oaks Nursery will give us his expert advice on camellias for our area. He will bring samples that will be available for purchase after the talk. This program is eligible for 1.0 Rutgers Master Gardener CEU’s.

Wednesday, June 17 – 1:00 pm

The Home Garden Club of Morristown

Garden Tour of Trillium Woods, a woodland garden in Chester and the gardens at Bamboo Brook followed by a talk by Cynthia Triolo of the Morris County Park Commission on the history of the park. Call Pam Venanzi 973-713-6352 for details. There are a limited number of spots for non-members. This program is eligible for 1.0 Rutgers Master Gardener CEU’s.

Wednesday, May 20 – 10:15 am

The New Jersey State Chrysanthemum Society

“Planning Your Vegetable Garden” by Master Gardener Wing-Yee Pavlosky followed by a discussion on how to prepare soil and get ready to plant rooted mum cuttings.

Friday, April 10 – 7:30 pm

“Travel Along the Coast of Maine” by Judy Snow followed by a discussion on how and when to transfer plants to final location and how to apply B9 – a potent plant growth regulator.

Friday, June 5 - 7:30 pm

North American Butterfly Association

Habitats and their Butterflies – Sharon Wander

Tuesday, April 7 – 7:30 pm

General meeting with a program to be announced

Tuesday, May 5 – 7:30 pm

Threatened and Endangered Butterflies and the Delphi Process – Jim Springer

Tuesday, June 2 – 7:30 pm

Tri-State African Violet Council

Joint spring meeting of the Tristate African Violet Council and the NJ Council of African Violet Judges with a pot luck luncheon. Anyone interested in African violets is welcome to attend.

Saturday, June 20 10:00 am – 3:00 pm



Would you like to receive a paperless version of Arboretum Leaves & the Annual Report?

Help us go green, and get your Arboretum Leaves sooner!

If you would like to receive Arboretum Leaves via email, please contact Cynthia Triolo at ctriolo@morrisparks.net with your preferred email address. You will receive the next issue of Arboretum Leaves as a PDF instead of receiving a paper copy in the mail. PDFs will be emailed on the same day that the paper copies are mailed, so you will get Arboretum Leaves first!



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Sally Hemsen Ilona Ontscherenki
President *Vice President*

Betsy Martone Beverly Highfield
Secretary *Treasurer*

The Morris County Park Commission and The Friends of The Frelinghuysen Arboretum invite everyone to participate in their programs. If you require an interpreter for the deaf or other accommodations, please contact us at 973-326-7603 or TDD 1-800-852-7899. Please provide two weeks notice.

FIRST CLASS MAIL

calendar of events

April

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4/4	Take It Outside	6
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12	Tour of The Frelinghuysen Arboretum.....	5
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1	Member's Only Preview Plant Sale.....	1
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3	The Potting Shed: Tomato Growing 101.....	4
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May

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13	Tea and Roses	5
20	Grow, Cook, Eat: Container Vegetables	4
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<i>Weekends</i>	Family Photo Scavenger Hunt: Live in Color	6
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2 & 3	Bus Trip: South Fork Saunter.....	5
6	Fairy Furnishings	6
7	The Potting Shed: As Fair as an English Rose	4
7	Tour of The Frelinghuysen Arboretum.....	5
7	Those Crazy Victorians.....	5
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28	Poet's Walk and British Breakfast	5

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