

# Grow Your Groceries



at The Frelinghuysen Arboretum  
353 East Hanover Avenue • Morris Township, NJ 07960

Jeanne Lardino, Frelinghuysen Arboretum Gardener and Chef and Master Gardener Cynthia Triolo team up to present new programs focusing on the Barkman Vegetable Garden.

We look at vegetables at their peak in the garden and discuss their requirements for optimal growth. Tips on harvesting, recipes to share, and storage information, too!

## Garlic Scapes

Jeanne will focus on growing techniques, which varieties of garlic produce scapes, what function they perform, and when and how to harvest them. Once harvested, Cynthia prepares a few dishes using the scapes for you to taste, focusing on storage and cooking methods. Recipes and breath mints accompany the talk.

Saturday, June 24  
*register by June 17*

## Save the date

for the following programs in the  
**Grow Your Groceries series:**

### Early Summer Vegetables

Saturday, July 22  
*register by July 14*

### Culinary Herbs

Saturday, August 19  
*register by August 12*

### Preserve the Harvest

Saturday, September 23  
*register by September 16*

**10 am - 11:30 am**

\$12. members / \$15 non-members

**This program is eligible for 1.5 Rutgers Master Gardeners CEU's**



Register online at  
[arboretumfriends.org](http://arboretumfriends.org)  
or call 973.326.7603

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**morris county park commission**