

# Grow Your Groceries



Frelinghuysen Arboretum Gardener Jeanne Lardino and Chef and Master Gardener Cynthia Triolo team up to present new programs focusing on the Barkman Vegetable Garden. We have tips on growing and harvesting, recipes to share, and storage information. Preregistration is required.



## Transplant Your Seedlings

**Saturday, April 14**  
*register by April 7*

**10:00 am - 11:30 am**

**\$15 members / \$20 non-members**

If you joined us for the *Seed Starting Workshop* you won't want to miss Jeanne's talk on transplanting. Bring your seedlings or use some of ours and prepare to get your hands dirty as we transplant them into 4 inch pots.

## Sensational Salads

**Sunday, June 17**  
*register by June 10*

**10:00 am - 11:30 am**

**\$15 members / \$20 non-members**

Jeanne focuses on growing techniques, varieties she likes best, pests and diseases and when and how to harvest. Once harvested, Cynthia prepares a few salads with some surprising ingredients from the garden. Recipes accompany the talk.

**These programs are eligible for 1.5 Rutgers Master Gardeners CEU's**

The Frelinghuysen Arboretum • 353 East Hanover Avenue • Morris Township, NJ 07960



Register online at  
[arboretumfriends.org](http://arboretumfriends.org)  
or call 973.326.7603

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experience*

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