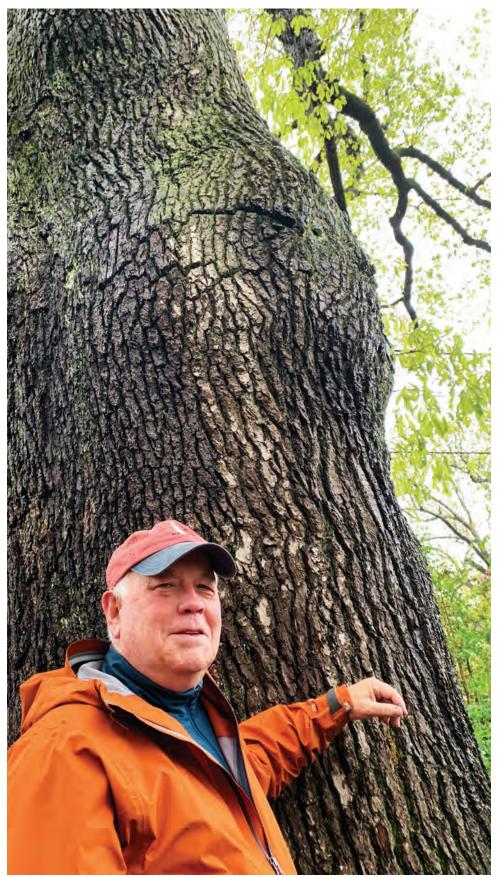
morris county park commission



TO REGISTER: Tinyurl.com/MCPCadults COST: \$20 PER PERSON.



morrisparks.net

FOREST BATHING WITH RICH COLLINS, ANFT GUIDE

Select Saturdays and Sunday 9:30am-Noon

at THE FRELINGHUYSEN ARBORETUM, WILLOWWOOD ARBORETUM, The ELIZABETH D. KAY ENVIRONMENTAL CENTER and BAMBOO BROOK OUTDOOR EDUCATON CENTER

See morrisparks.net

ENJOY A COMBINATION OF JAPANESE ORIENTED WALKING, MEDITATION, MINDFULNESS, AND WELLNESS PROMOTION. WEAR COMFORTABLE SHOES FOR WALKING. Ages 12 and up

enjoy the experienc

morris county park commission