



winter 2019

The Friends of The Frelinghuysen Arboretum

GREAT SPEAKERS SERIES

An Afternoon with Daniel J. Hinkley Take Two: Making Windcliff

Teacher, writer, lecturer, plant explorer. Consultant, nurseryman, naturalist, gardener. Dan Hinkley has achieved the pinnacle of success in all these areas and is recognized worldwide as a giant in the field of horticulture.

Continuing a long tradition of presentations by world-renowned horticultural experts, the Friends of the Frelinghuysen Arboretum are proud to host Dan Hinkley at the Haggerty Education Center. As creator of the famed Heronswood Garden and Nursery near Seattle, Hinkley has explored remote corners of the globe in search of new plants to expand the ever-growing offerings in his, and ultimately our own gardens. A visit to Heronswood, Hinkley's first garden, was a never to be forgotten experience of strolling through one beautiful garden room after another. The gardens were creative, environmentally sensitive and botanically stunning, drawing visitors from around the world.

Hinkley will share with us the joys and tribulations of creating his current garden, Windcliff. Heronswood was primarily a woodland shade garden and the new garden, Windcliff is located on yes, a windy cliff. New plants, a different site, but with the same unequalled sense of design coupled with stunning views and intimate pathways. This is a plantsman's garden but contemporary and harmonious in design, with art and handicrafts complementing the stunning horticultural displays.



Dan Hinkley



Windcliff

Please join us for this rare East Coast visit by one of the most dynamic and popular speakers in today's plant world.

*This program is eligible for
1.5 Rutgers Master Gardener CEU's.*

Date: Sunday, March 17

Time: 2:00 pm – 3:30 pm

Cost: \$35 members /
\$40 non-members

notes from the board

We know everyone's schedules are busy, so walk-ins to the speaker programs are welcome. However, early registration will guarantee you a seat and will help us plan.

The gardening season is winding down, and our thoughts are on holiday preparations. Before we know it, 2019 will be here, and there are so many good programs coming up! As you know, the Friends' mission is to promote public awareness of horticulture and the natural world through its educational programs. The Program Committee would like to hear from our members with suggestions for speakers, themes, and ideas on how to appeal to a broader audience. In fact, we will be forming a focus group to brainstorm, and would like to include people representing a diversity of interests and cultures. If you have ideas to share, please contact me at "fofapresident@arboretumfriends.org."

Here are some highlights of the winter programs: **The Friends' New Year's party** on January 13 is always a treat. This year our speaker is **Dorothy Smullen**, with fascinating stories about the botany of our holiday desserts, followed by a selection of delicious savory and sweet treats and beverages. Next is the **Blackburn Scholarship Lecture** on Saturday February 2. Our speaker is **Joan Maloof**, who is passionate about preserving the country's few remaining old growth forests. The proceeds from this event benefit a scholarship for a student in the Landscape and Horticultural Technology Program at County College of Morris. The alumni of this excellent program are leaders in the horticulture industry around the tri-state region – truly a worthwhile program to support! The annual **Community Garden Conference** takes place March 2nd, with a full roster of expert speakers and loads of tips for a bountiful harvest. It's a fun day with hands-on workshops and vendors as well. March 17 is a special treat with distinguished guest speaker **Dan Hinkley**, a rock star of the horticultural world. Dan's influence on gardening cannot be overstated. He'll take us through the creation of his new garden, Windcliff, as he relates his experiences in plant exploration around the world. Don't miss this east coast appearance of a real master. And there's more...**Lesley Parness** on Women in Botanical Art, **Heidi Hesselein** on Best Trees and Shrubs, cooking demonstrations, a pruning workshop, a series of classes on botanical drawing for beginners, and the annual bus trip to the Philadelphia Flower Show. Truly, there is something for everyone!

To continue this rich offering, we need your participation. Sign up for the programs and bring a friend. We've relaxed our policy to allow walk-ins on the day of the event, but it helps our planning if you register in advance. Our online registration system is simple, and our refund policy is generous. Only with your support can we bring in the noted speakers and interesting programs that you've come to expect from the Friends.

Judy Snow, President

Benjamin Blackburn Scholarship Lecture



Since 1979, the Friends of The Frelinghuysen Arboretum have supported horticultural education through a scholarship named for Dr. Benjamin Blackburn. This year's Benjamin Blackburn Lecture speaker is Joan Maloof. Joan's lecture, **Speaking for the Trees: The Importance of Old-Growth Forests** is not only timely but fascinating and incredibly important. Joan is Professor Emeritus at Salisbury University and founded the Old-Growth Forest Network to preserve, protect and promote the country's few remaining stands of old-growth forest. She spends her time lecturing, writing, visiting forests, assisting private landowners, and supporting local groups trying to protect community forests from development.

Dr. Blackburn was a professor of Botany at Drew University. His involvement with the Morris County Park Commission began with his friendship with Henry and Robert Tubbs, whose property, Willowwood, eventually became the Willowwood Arboretum. Dr. Blackburn published many articles and wrote a number of books on gardening as well as being the host of a very popular radio gardening program. He generously shared his vast knowledge and deep love for horticulture with many staff members in the Horticulture Division and with his countless fans – members of the Friends of The Frelinghuysen Arboretum and area garden clubs.

Admission fees support the scholarship that is offered to students in the Landscape and Horticultural Technology Program at County College of Morris. This scholarship allows interested students the opportunity to explore the different horticultural, environmental, and design studies offered through the accredited CCM programs. The increased knowledge the students acquire in the classroom and through hands-on programs at CCM will benefit them as they enter their chosen field in horticulture and landscape design. A book signing and light refreshments follow the talk.

This program is eligible for 2.0 Rutgers Master Gardener CEU's.

Date: Saturday, February 2

(Snow date: Sunday, February 3)

Time: 1:00 pm – 3:00 pm

Cost: \$35 members / \$40 non-members



Joan Maloof



Benjamin Blackburn



Member's Only New Year's Party
The Botany and History of Holiday Desserts
 Lecture by Dorothy Smullen

Do you know what is in your fruit cake, mince pie and plum pudding? You'll enjoy learning the history and understanding the botany of these traditional holiday desserts. Recipes will most definitely be included with Dorothy's talk. Dorothy has been a nature and garden club speaker for 35 years. She is a retired high school science teacher, a teacher/naturalist at NJ Audubon, past president of NJ Mycological Association, and a former board member of the Friends of Great Swamp National Refuge. Following Dorothy's talk, please join us for refreshments.

Date: Sunday, January 13
 (Snow date: Sunday, January 20)
Time: 1:00 pm – 3:00 pm
Cost: Free to members, but registration is required



Suitable for Framing:
A Woman's Place in Botanical Art & Scientific Illustration

When English botanist John Lindley wrote "A Ladies Botany" in 1834, it was to separate women from the higher academic echelons of botany. Nevertheless, 17th-20th century women contributed greatly to the world of botanical art and scientific illustration. Learn about women who "broke the glass (house) ceiling" with their beautiful, extraordinary accomplishments and brave, often controversial decisions. Following this hour-long illustrated lecture by Lesley Parness, you will have an opportunity to view an exhibit of Women's Botanical Art and Scientific Illustration from the Elizabeth Donnell Kay Rare Book Collection.

Date: Sunday, February 10 (Snow date: Sat., February 23)
Time: 1:00 pm – 3:00 pm
Cost: \$10 members / \$12 non-members



Brassica rapa

Ninth Annual Community Garden Conference

The Friends of The Frelinghuysen Arboretum and Rutgers Cooperative Extension of Morris County are teaming up to present their Annual Community Garden Conference for the ninth year in a row. This year's keynote speaker is Barbara Pleasant, Author, Lecturer and Vegetable Gardening Expert for Mother Earth News. Her talk, **Creating Abundance – The Community Gardening Experience** will highlight the many things that go on among gardeners who work with others or share what they grow, along with the often unsung benefits to individuals and communities. The impressive list of session speakers,



Barbara Pleasant

all experts in their field, will cover topics both relevant and pertinent to community gardeners, garden managers, and those trying to establish a new community garden. The topics for the 2019 conference include: The Top Ten Pests and Diseases of 2018 with County Agent and Rutgers vegetable and small fruit expert Peter Nitzsche, Mastering the Art of Vegetable Gardening with author and plantsman Matt Mattus, Garden Tools and Ergonomics with Shaun Ananko of Grow It Green Morristown, Autumn Abundance: Extending the Vegetable Growing Season with Nick Storrs, owner of Homegrown Nursery in Tarrytown and instructor at the New York Botanical Garden, Horticultural Therapy and Community Gardens with Ann Fahey of the Morris County Park Commission, and a Garden Coordinators Round Table on Communication Strategies. It's a full day of education, exhibitors, networking, and camaraderie. Lunch is provided.

This program is eligible for 5.0 Rutgers Master Gardener CEU's.

Please bring a donation for the Interfaith Food Pantry of Morris County.

Register online or use the insert included in this issue.

Date: Saturday, March 2
 (Snow date: Sunday, March 3)
Time: 9:00 am – 4:30 pm
Cost: \$50 per person before February 1,
 \$60 per person after February 1

Would you like to receive a paperless version of Arboretum Leaves & the Annual Report?

Help us go green, and get your Arboretum Leaves sooner!

If you would like to receive Arboretum Leaves via email, please contact Margery Ennist at mennist@morrisparks.net. You will receive the next issue of Arboretum Leaves as a PDF instead of receiving a paper copy in the mail. PDFs will be emailed on the same day that the paper copies are mailed, so you will get Arboretum Leaves first!

botany & horticulture

Fig Trees, Care and Maintenance

Growing figs in New Jersey is a challenge, but Bill Muzychko has developed a system that not only extends the growing season but also encourages rapid growth. Learn how he does it and how to best care for these beautiful trees.

This program is eligible for 1.5 Rutgers Master Gardener CEU's.

Date: Sunday, February 17

Time: 1:00 pm – 2:30 pm

Cost: \$15 members / \$20 non-members

Let's Talk Design

Learn how to create a beautiful landscape by following a few simple rules. Ann Fahey, Assistant Superintendent of Horticulture Education and landscape designer for over 20 years reveals her secrets to creating the garden of your dreams. Bring in a photograph of your garden and she will give you helpful hints customized to your space.

Date: Sunday, February 24

Time: 1:00 pm – 2:30 pm

Cost: \$15 members / \$20 non-members

Call 973.326.7601 to register.

The State of Invasives in New Jersey with Michael Van Clef, Ph.D.

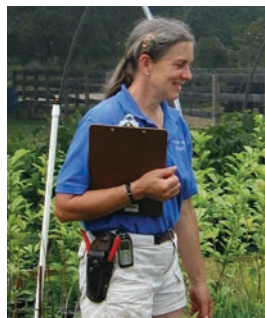
Mike is the owner of Ecological Solutions, LLC and serves the NJ Invasives Strike Team as Science Director. He has a Ph.D. in ecology from Rutgers University and over 20 years of experience in land stewardship, planning and research, working extensively in the evaluation and management of rare and invasive species. He has consulted with over 30 organizations in NJ, including the NJ Invasive Species Council for which he prepared the New Jersey Strategic Management Plan for Invasive Species. In this lecture, Mike provides insight and an update on New Jersey's invasive species, something we should all be aware of.

This program is eligible for 1.5 Rutgers Master Gardener CEU's.

Date: Tuesday, February 26

Time: 7:00 pm – 8:30 pm

Cost: \$15 members / \$20 non-members



Heidi Hesselein

Best Trees and Shrubs with Heidi Hesselein of Pleasant Run Nursery

Heidi Hesselein, a 4th generation nurserywoman, cofounded Pleasant Run Nursery with her husband Richard in 1998. They grow rare, new, and unusual woodies, perennials, grasses, ferns and groundcovers, and currently produce 1,000 different

species. Heidi's talk will cover many of the plants that she loves best and that will be for sale at the Friends Annual Plant Sale in May. After the lecture, featured plants available at the Friends' Plant Sale may be pre-ordered.

This program is eligible for 1.5 Rutgers Master Gardener CEU's.

Date: Saturday, March 23

Time: 2:00 pm – 3:30 pm

Cost: \$15 members / \$20 non-members

Pruning Workshop with the Gardeners at Bamboo Brook

The gardeners at Bamboo Brook really know their stuff, and when it comes to pruning, no one does it better. Learn the hows and whys from the experts, the science behind it all, and what tools to use. Then, practice your new skills on the trees and shrubs in the gardens. Dress for the weather and bring your garden gloves and pruners for this program at Bamboo Brook in Chester Township.

This program is eligible for 2.0 Rutgers Master Gardener CEU's.

Date: Saturday, March 30

Time: 10:00 am – Noon

Cost: \$15 members / \$20 non-members

Call 973.326.7601 to register.

Plant Sale Preview

Plant Sale Chair Ilona Ontscherenki will give a mouth-watering peek at her top 100 favorites from over 700 plant varieties that will be offered at the Friends' May sale. Her slides and tips about the plants will give you plenty of ideas for a long wish list. Best of all, you can pre-order plants after the talk and be sure to get what you want.

Date: Sunday, March 31

Time: 2:00 pm – 3:30 pm

Cost: FREE, but please register.

Gardenworks Horticulture Volunteer

Do you like working outdoors? Do you have an interest in gardening? Would you like to increase your horticultural knowledge? Come discover our Gardenworks program and get involved!

Gardenworks volunteers donate their time, experience, and skills to make valuable contributions to our public gardens. By working alongside our professional horticulture staff, volunteers assist in beautifying our arboreta. Volunteers perform tasks such as planting, pruning, propagating, edging, weeding and raking. This is a perfect opportunity to learn new horticultural skills

while enjoying the company of fellow garden enthusiasts. Gardenworks begins in the early spring and continues into the fall season. Tools and refreshments are provided.

The Gardenworks Program runs as follows:

- Frelinghuysen Arboretum Tuesdays, 9:00 am – 12:00 pm
- Willowood Arboretum Wednesdays, 9:00 am – 12:00 pm
- Bamboo Brook Thursdays, 9:00 am – 12:00 pm

Contact Patti Millar, Horticulture Volunteer Program Coordinator, at pmillar@morrissparks.net or at 973-326-7629, for additional information.



Cooking Demonstration: Winter Food to Warm Your Heart and Hearth

It's cold outside and the gardens are covered in snow, but the best way to take away the chill is to cook food that is comforting and delicious. Spend a winter afternoon with chef Cynthia Triolo learning new recipes that make your kitchen the heart of your home.

Date: Sunday, January 27 – *Registration required by January 21 for purchase of supplies.*

Time: 1:00 pm – 3:00 pm

Cost: \$25 members / \$30 non-members

Cooking Demonstration: Spring Awakening

Spring is when we start thinking about asparagus, arugula, peas, and many other springtime favorites. Chef Cynthia Triolo will make the most of the start of the growing season with new recipes and techniques.

Date: Sunday, March 24 – *Registration required by March 17 for purchase of supplies.*

Time: 1:00 pm – 3:00 pm

Cost: \$25 members / \$30 non-members



Botanical Drawing for Beginners with Katy Lyness

Do you ever wish you could capture the details of a plant long after you've seen it? This introductory class teaches you how to make realistic drawings of plants using a variety of techniques. Learn to draw a selection of plant parts, including branches, stems, leaves, and flowers, for pleasure or to expand your drawing skills. Artist Katy Lyness is a passionate home gardener and teaches botanical illustration at the New York Botanical Garden. She has been represented in international exhibitions and is active in the Tri-State Botanical Artist Group. She received her MA in Art Education from Columbia University Teacher's College. A materials list will be provided at registration.

Dates: Four Saturdays, January 5, January 12, January 19 and January 26

Time: 1:00 pm – 4:00 pm

Cost: \$75 members / \$85 non-members
for the series of four classes

Volunteer Opportunities

Online volunteer registration for the 2019 Plant Sale will be available on the Friends of the Frelinghuysen website in late January. Call Beth Feldman, Volunteer Coordinator, at 973.631.5049 if you prefer to register by phone.



Bus Trip with the Friends to the 2019 Philadelphia Flower Show: Flower Power

Join the Friends on this ever popular and eagerly anticipated annual trip. This year experience the power of flowers to convey some of the strongest human emotions. "Flower Power...the Power of Flowers!" pays tribute to the enormous impact of flowers on our lives. This year's special events include the FTD World Cup 2019 design competition, the interactive Butterflies Live! Exhibit featuring 1,000 live butterflies and their native host plants, and a Garden Tea experience. As always, the show will have abundant fabulous floral and landscape displays. Chat with garden experts and watch educational demonstrations in the Gardeners' Studio. Enjoy observing fun-filled competitions in the Designers Studio and shop acres of vendor booths in the Marketplace.

Take in hundreds of award winning plants in the PHS Hamilton Horticult. Enjoy lunch, tea and/or dinner on your own at the show or nearby Reading Terminal Market.

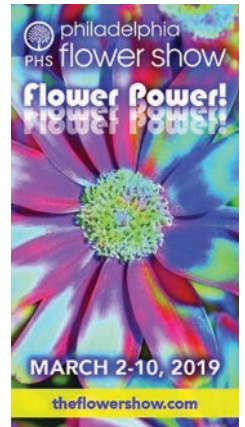
Date: Tuesday, March 5 – *Register by February 15*

Time: 10:30 am – 8:30 pm

Bus leaves from the arboretum parking lot.

Cost: \$75 members / \$85 non-members

No refunds after February 15, 2018



Welsb Garden

Save the Date...

The Wonder of Wales – Garden Tour 2019

There is nothing quite like the scenic beauty of Wales, a country known for its majestic mountains, lakes, forests and stunning coastlines. It is also home to some of the finest gardens within the British Isles. Join the Friends in late May – early June 2019 as we travel from the mountains of Snowdonia to the seaside coast and beyond, visiting an outstanding mix of public and private gardens both large and small. The gardens chosen for our itinerary represent an extensive array of historical garden designs and include features such as herbaceous borders, parterres, terraces, cascades, champion trees, laburnum arches and much more. If you are interested in this trip, please continue to check our website at www.arboretumfriends.org where additional information will be posted as plans develop. You may also request to receive the Friends weekly informational emails: Friends of the Frelinghuysen Arboretum (FOFA) News. Please send your request and email address to Margery Ennist at mennist@morrisparks.net

children's programs

Winter Photo Scavenger Hunt

Grab a camera or phone and stop by the Haggerty Education Center for a nature photo scavenger hunt. Visitors can pick up the list, head outside, and shoot away. Take a picture of every item, return to the Education Center and pick up your prize. Scavenger lists change every month. January's theme is "Can You Believe That?," February's is "Love Is In the Air," and the theme for March is "Top of the Morning." What a great way to explore the arboretum and to get the family outside in the fresh air.

Date: Daily in January, February, and March

Time: Families welcome to participate any time between 9:00 am and 3:30 pm

Cost: \$10 per family

Games and Gardens: Family Garden Game Days

Kick that cabin fever and get out of the house and into the garden this winter with Family Garden Games. Play Garden-opoly, Plant Scrabble and join in the garden Bingo challenge and win prizes. Even try your hand at life-sized chess and dig into popcorn and other seasonal snacks.

Date: Sundays, January 6 and February 10

Time: 1:00 pm – 4:00 pm

Cost: \$3 per person

Be Mine, Valentine:

Create a Succulent Garden

Ages 6-10

Young designers plant a Valentine garden using succulents and other small plants to create a perfect Valentine's Day gift for someone special.

Date: Thursday, February 14

Time: 4:00 pm – 5:00 pm

Cost: \$15 per child*

Tree Detectives

Grades 1-4

On this day off from school, find out about some of the oldest living things in New Jersey – our native trees. Spend time outside discovering just how great these elders of the natural world are. Plant some tree seeds, create tree-related art, learn how many things we eat come from trees, and cook a tree snack.

Date: Monday, February 18

Time: 9:00 am – 2:00 pm

Cost: \$35 per child*

Matilda's Tea:

Shall We Dance?

Ages 5 & up with an adult

The dawn of the 20th Century gave rise to the ballroom dance craze so that every young girl and boy learned to dance the waltz and the foxtrot gracefully. Make your dance card and join dance instructor Jamie DiMare who leads everyone in the basics of ballroom dance. Wear your best dancing slippers and be prepared to fill your dance card and hit the dance floor to learn a few dances that a young Matilda Frelinghuysen would have known. Then enjoy tea, pastries, and tea sandwiches, both sweet and savory.

Date: Saturday, March 9 (Snow date: Sunday, March 10)

Time: 1:00 pm – 3:00 pm

Cost: \$25 per person*

Arboretum Artists

Ages 8-12

Arboretum Artists is a series designed for creative young people with an interest in both art and nature. Each class will focus on using a different artistic medium to capture the beauty of the natural world. Budding artists will explore new techniques and bring home one-of-a-kind masterpieces!

Dates: Select Thursdays

Time: 4:00 pm – 5:00 pm

Cost: \$10 per child per class*

Thursday, January 10 – Snowy Silhouettes

Capture the beauty of leafless trees using a fun technique!

Thursday, February 7 – Miniature Garden

Sculpt a succulent garden out of clay; no green thumb required to keep these plants looking pretty!

Thursday, March 7 – Spring String

Use colorful yarn to create a cheerful floral masterpiece.

Sprouts

Plant the seeds for a love of nature in Sprouts. In these programs, preschoolers ages 2-4 and their adult caregivers will discover the wonders of nature. Each session features a different theme based on what is growing in the gardens. Each session includes a story time, a hands-on activity based on the theme, and an outdoor exploration of the arboretum. Dress for the weather! Pre-registration is preferred by calling 973.326.7601; walk-ins welcome.

Dates: Select Wednesdays, see below

Times: 10:00 am – 11:00 am OR 1:00 pm – 2:00 pm

Cost: \$5 per child

Wednesday, January 16 – Animal, Vegetable, Mineral

Young scientists will decide what is alive and what is not and learn how they have a lot in common with plants – another living thing.

Wednesday, January 30 – Invent a Plant

Learn about the basic parts of plants in all their shapes and sizes. Take a walk to find the parts of plants all over the Arboretum. Then, create a silly plant to take home..

Wednesday, February 13 – Plants In All Kinds of Places

Plants can grow in all sorts of crazy places. Discover some at the Arboretum and learn what all plants need to grow, no matter where they call home.

Wednesday, February 27 – Big and Small

Some plants are big and others are small. Why do they grow into the sizes they do? Search for the biggest and the smallest outside and inside.

Wednesday, March 13 – What Smells?

Some plants smell good and other plants smell awful! Bring your nose along for a smell safari!

Wednesday, March 27 – Here Comes The Sun

Hooray! Spring is here. Look around outside for signs of spring and plant a few early flowers to greet the sun.

* Pre-registration is required – Call 973.326.7601

affiliate member programs

All are free and open to the public

African Violet Club of Morris County

"The Pittman Way" – DVD program about Hortence Pittman, long time hybridizer of African Violets. Program includes interviews about her hybridizing program, pictures of her plants and an interview with her husband Ray, about hybridizing *Streptocarpus*, African Violet cousins.

Wednesday, January 9 7:30 pm

Show prep for members only

Wednesday, February 13 7:30 pm

"Natural Gardens" – award winning designers of container gardens, Jill Fischer and Karyn Cichocki, will demonstrate how to create African Violet natural gardens

Wednesday, March 13 7:30 pm

Save the Date for the Annual show and sale – April 6 and 7, 2019

Frelinghuysen Arboretum Gesneriad Society

"Gesneriads POP in New England!" – slide show of the 2018 Gesneriad Society convention flower show in Framingham, MA

Thursday, February 7 7:30 pm

Propagation Workshop – learn how to propagate gesneriads from leaves, cuttings & rhizomes. RSVP for non-members required to Karyn Cichocki, kdc05@ptd.net by March 1, 2019.

Thursday, March 7 7:30 pm

Great Swamp Bonsai Society

Bonsai education programs

Tuesday, January 8 7:00 pm

Tuesday, March 12 7:00 pm

For updates in topics and changes in dates and times please visit our webpage at: <http://www.arboretumfriends.org/gsbonsai/>

Home Garden Club of Morristown

Monthly Meeting

Wednesday, March 20 11:30 am

1:00 pm Lecture – Green Heron Tools

"Do what you love and stay healthy while doing it". This is the goal of Ann Adams and Liz Brensinger co-owners of this tool company specializing in tools designed with women in mind. Drawing on their backgrounds in nursing and public health, these avid gardeners will discuss how the use of the correct tools and techniques can help gardeners avoid injury and stay healthy.

New Jersey State Chrysanthemum Society

Program: "Gardens for Butterflies: Beautiful Pollinators and Their Habitats" Learn the common New Jersey butterflies, their preferred habitats and how to tailor your garden to encourage their presence.

Mum topic: Evaluating wintered-over mums and preparing for the growing season.

Friday, March 8 1:00 pm – 3:00pm

North American Butterfly Association

Tuesday, January 8 7:00 pm

Tuesday, February 5 7:00 pm

Tuesday, March 5 7:00 pm

North East Judging Center of the American Orchid Society

Anyone may bring an orchid to be judged or listen in on the educational programs and/or judging.

Saturdays – January 19, February 16, and March 16

Educational Program 10:30 am

Orchid Judging 12:00 pm

North American Rock Garden Society – Watnong Chapter

Janet Novak, our February speaker will present *Plants of Newfoundland*

Saturday, February 16 10:00 am

David Culp, our March speaker will present *Residential Meadow Making*

Sunday, March 31 10:00 am

Tristate African Violet Council

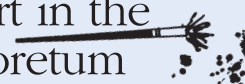
The NJ Council of African Violet Judges and the Tristate African Violet Council will have a joint meeting at 10:00 am followed by a program to be determined, a brown bag lunch, and the second meeting. Anyone interested in African Violets is welcome.

Saturday, February 16 10:00 am

Tri-State Hosta Society

Annual Plant Sale – This is a members' only event, but anyone wishing to attend may purchase a one-year membership at the door for \$10.00. Your membership gains admittance to the annual plant sale, four issues of the Tri-State Hosta Society's award-winning newsletter, admittance to two additional indoor meetings at The Frelinghuysen Arboretum, and at least three summer garden tours of member gardens.

Saturday, March 30 12:30 pm

art in the
Arboretum 

In Our Gallery

— January —

Expressions of Nature in Review

Enjoy the fantastic works of the various artists who participated in last summer's Expressions of Nature. The beautifully different styles, media, and feelings will truly brighten your January day. From serious to fanciful, free-style to realistic, and watercolor to oils, you are treated to these wonderful pieces.

— February —

New Jersey Art Association

Come enjoy the spectacular art and styles of the members of the New Jersey Art Association. These outstanding artists, amateurs and professionals both, work in varied media and treat us to the beauty of their talents.

— March —

Focus On Nature

High School Photography Competition

High school students from across Northern New Jersey submitted their best nature-themed photographs for this annual competition. Come view their work.



The Friends
of The Frelinghuysen Arboretum
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Judy Snow Heather Emelander
President *Vice President*

Pam Venanzi Marie Quinn
Secretary *Treasurer*

The Morris County Park Commission and the
Friends of The Frelinghuysen Arboretum invite
everyone to participate in their programs.
If you require an interpreter for the deaf or
other accommodations, please contact us at
973-326-7603 or TDD 1-800-852-7899. Please
provide two weeks notice.

calendar of events

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13	Sprouts: What Smells?	6
17	An Afternoon with Dan Hinkley,	
	Take Two: Making Windcliff.....	1
23	Best Trees and Shrubs with Heidi Hesselein.....	4
24	Cooking Demonstration: Spring Awakening.....	5
27	Sprouts: Here Comes The Sun.....	6
30	Pruning Workshop at Bamboo Brook.....	4
31	Plant Sale Preview	4

See page 7 for a complete listing of affiliate member meetings and events.

Haggerty Education Center
The Frelinghuysen Arboretum
353 East Hanover Avenue
Morris Township, NJ 07960

FIRST CLASS MAIL



2019 Community Garden
Conference

RUTGERS

New Jersey Agricultural
Experiment Station

■ Cooperative Extension



www.arboretumfriends.org
353 East Hanover Avenue, Morristown, NJ 07962

enjoy the
experience
morris county park commission

morris county park commission

2019 Community Garden Conference March 2, 2019

at
The Frelinghuysen Arboretum
353 East Hanover Avenue
Morris Township, NJ 07960



Artwork courtesy of Joe Wirtheim
www.victorygardenoftomorrow.com

Calling All Community Gardeners

Interest in and demand for Community Gardens has grown explosively. The Friends of The Frelinghuysen Arboretum and Rutgers Cooperative Extension are partnering for the seventh year in a row, to bring you an impressive list of topics taught by speakers who are all experts in their fields.

**Please bring a donation for the
Interfaith Food Pantry**

Eligible for 5.0 Rutgers Master Gardener CEU's



**Saturday, March 2
9:00am to 4:30pm**

Snow date of Sunday, March 3
\$50 If registered before February 1
\$60 If registered on/after February 1

Register online at
arboretumfriends.org
or call 973.326.7603

2019 Community Garden Conference

Keynote Address: Creating Abundance: The Community Gardening Experience by Barbara Pleasant, Author

Creating abundance comes naturally when your allies are sun, soil and fellow gardeners who want to feed and nurture their families and friends. In this lively keynote talk, Barbara Pleasant will show what sets abundant thinkers apart, including their willingness to try new things. The garden plays a role, too, because simply working in soil makes for a happier life.

Barbara Pleasant has been reporting on organic gardening for more than 30 years, first with Organic Gardening magazine and more recently with Mother Earth News. She is the author of numerous books including Homegrown Pantry: A Gardener's Guide to Selecting the Best Varieties & Planting the Perfect Amounts for What You Want to Eat Year Round, a 2018 INDIE Forward finalist and winner of a Silver Award of Achievement from the Garden Writers Association. She lives in Floyd, VA, where she grows a big garden filled with food and flowers, an assortment of fruits, and keeps a small flock of chickens, who all have names. Her website is barbarapleasant.com. Barbara will have books for sale and signing.

Top Ten Community Garden Pests and Diseases of 2018 Peter Nitzsche, Agricultural and Resource Mgmt Agent Rutgers Cooperative Extension of Morris County

Community gardens across New Jersey were surveyed to determine the most common pests and diseases found this past growing season. Learn tips and techniques for combating them in order to grow the best vegetables in your garden plot. Pete Nitzsche's commitment to community gardens is the reason this conference became a reality nine years ago. Pete holds a B.S. in Plant Science and an M.S. in Horticulture from Rutgers, The State University of New Jersey. Commercial vegetable and small fruit production and marketing are the focus of his applied Research and Extension program and he also oversees the Rutgers Master Gardener volunteer program. His work on strawberries and tomatoes led to the release of the Rutgers Scarlet strawberry and the 'Rutgers 250' tomato in 2016.

Mastering the Art of Vegetable Gardening

Matt Mattus, Plantsman, Author

Prepare to encounter new varieties of common plant species, learn their history and benefits, and, most of all, identify fascinating new edibles to grow in your own gardens. You may subscribe to or have read Matt's award winning gardening blog *Growing with Plants*. Matt Mattus has been involved with horticulture throughout his career, which began as a kid aged 9 years old who wandered into Horticultural Hall after a weekly piano lesson in the city and who decided that he too could grow marigolds and exhibit them! While most folks know Matt as a horticultural authority, the truth is his lifelong love of all plants began with his passion for raising vegetables because they have a deep connection to our past, and to our kitchens. Matt will bring books for sale and signing.



Horticultural Therapy and the Community Garden

Ann Fahey, Assistant Superintendent of Horticultural Education Morris County Park Commission

Community Gardens are a great place to incorporate horticultural therapy. Learn what horticultural therapy actually is and what a garden needs to include to become a therapeutic place from Ann Fahey, Certified Horticultural Therapist. Ann started Horticultural Therapy programs for the Morris County Park Commission in 2017. In just over a year, 7 groups attended programs and students with special needs intern in the Scherer Garden. Her talk will include what makes a successful program and why community gardens are a great partner for horticultural therapy.

Garden Tools and Ergonomics

Shaun Ananko, Director of Agriculture and Education Grow It Green Morristown

Is your back hurting while you are gardening? Did you ever wonder what new tools might be out there to use for gardening? In this class, we will go over all of the garden tools we use and the proper way to use them. We will also discuss maintenance and proper care. Come learn the best tools to use for the various gardening tasks. And try your hand under the expert guidance of Farmer Shaun.

Autumn Abundance: Extending the Growing Season

Nick Storrs

Owner, Homegrown Nursery, Tarrytown, NY

Don't let the bounty from your vegetable garden end on Labor Day! Learn what to plant and when along with growing tips for an abundant fall harvest, as well as how to protect against late season pests and frost. Nick Storrs has been working in and around gardens for the past decade. He worked on market farms outside of Burlington, VT before coming to New York City. He has been a gardener in Central Park and now manages the Randall's Island Urban Farm and owns Homegrown Nursery. He raises over 200 varieties of fruits and vegetables while teaching others about the importance of good food and engaging students of all ages in our food system. He is currently an instructor at the New York Botanical Garden as well as offering classes at the Lyndhurst Estate.

Coordinators Roundtable:

Communication Strategies That Work

Whether it be with volunteers, gardeners or our local politicians, sometimes communicating effectively can be tough. Are your gardeners not responding to emails? Are you having trouble getting and keeping volunteers? Are your work days poorly attended? How do you find the right champion on your town council? Learn some strategies that have worked for other garden managers and share your own success stories with the group. This session will be moderated by Patti Millar, Volunteer Coordinator for the Morris County Park Commission, Cynthia Triolo, Rutgers Cooperative Extension and Community Garden Manager for the past 10 years and Paul O'Malley, Randolph Community Garden Committee.

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New Jersey Agricultural
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morris county park commission

2019 Community Garden Conference

REGISTRATION

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Community Garden _____

9:00am - 9:30am Registration and coffee

9:30am - 9:45am Welcome Address

9:45am - 10:45am **Keynote Address**

11:00am - Noon **Breakout Session A**

(Choose 1)

- 1. Garden Tools and Ergonomics
- 2. Top Ten Pests
- 3. Horticultural Therapy

Noon - 12:45 **Box Lunch**
 4. Vegan 5. Vegetarian 6. Turkey

12:45pm - 1:45pm **Breakout Session B**

(Choose 1)

- 7. Garden Tools and Ergonomics
- 8. Top Ten Pests
- 9. Horticultural Therapy

2:00pm - 3:00pm **Breakout Session C**

(Choose 1)

- 10. Mastering the Art of Vegetable Gardening
- 11. Autumn Abundance
- 12. Coordinator's Roundtable

3:00pm - 3:30pm **Coffee Break**

3:30pm - 4:30pm **Breakout Session D**

(Choose 1)

- 13. Mastering the Art of Vegetable Gardening
- 14. Autumn Abundance
- 15. Coordinator's Roundtable

Please choose your Breakout Sessions and Lunch.



Register online at
arboretumfriends.org
or call 973.326.7603

Make check payable to FRIENDS
Mail to:
The Friends of The Frelinghuysen Arboretum
PO Box 1295
Morristown, NJ 07962-1295

Changes to the Program Registration Process

The Morris County Park Commission (MCPC) has changed the registration procedure for programs presented by its staff. These include children's programs, outdoor workshops, and others. To register for these programs, **you must call 973-326-7601 between the hours of 9:00 am to 4:30 pm to pay by credit card, or stop by the front desk at the Haggerty Education Center (HEC) to pay by check.** Be sure to identify yourself as a Friends' member to receive the member's discount. Although the MCPC programs will still be shown for informational purposes on the Friends' website, **it will no longer be possible for you to register for MCPC programs there.** To receive a refund for MCPC programs, cancellation must be made at least 7 days in advance, by sending an email to

afahey@morrisparks.net with your name, the name of the program, and the number of spaces you are cancelling.

There is no change to the registration procedure for programs sponsored by the Friends. Please continue to register online at www.arboretumfriends.org, mail in the form below with a check, or stop by the Friends desk at the HEC to drop off the form and check. Margery Ennist is available at 973-326-7603 on Mondays, Tuesdays, and Thursdays to answer questions about **Friends' programs only**, or you can email her at mennist@morrisparks.net.

registration form

- Registrations for **Friends' sponsored programs** are accepted on a first-come, first-served basis and will be confirmed when payment is received.
- Credit cards are accepted at our website: arboretumfriends.org. Be sure to follow the Paypal instructions to complete the transaction. Bring your receipt to the program.
- Make checks payable to "Friends". Mail registration form and checks to: Friends, PO Box 1295, Morristown, NJ 07962-1295
- All activities are scheduled in the Haggerty Education Center at The Frelinghuysen Arboretum, 353 East Hanover Avenue, Morris Township, NJ, unless otherwise noted.
- In order to receive a refund, cancellations must be made at least 7 days in advance of the program. To cancel your registration, please send an email to cancellations@arboretumfriends.org. Please include your name, the name of the program and the number of spaces you are cancelling.
- For questions or more information, call 973-326-7603.

Use this form to register for the Friends' sponsored programs shown below only. To register for all other programs call 973-326-7601.

Name _____

Address _____

City _____ State _____ Zip _____

Home phone _____

Secondary phone Work Cell Other _____

Email _____

Would you like an email confirmation? Yes No

No. attending	WINTER PROGRAMS	Cost
_____	Members Only New Year's Party	_____
_____	Suitable For Framing: A Woman's Place in Botanical Art and Scientific Illustration	_____
_____	Fig Trees, Care and Maintenance	_____
_____	The State of Invasives in NJ	_____
_____	An Afternoon with Dan Hinkley, Take Two: Making Windcliff	_____
_____	Best Trees and Shrubs with Heidi Hesselein	_____
_____	Plant Sale Preview	_____

No. attending	WINTER PROGRAMS	Cost
_____	Benjamin Blackburn Scholarship Lecture	_____
_____	Bus Trip to the Philadelphia Flower Show	_____
_____	Cooking Demonstration: Winter Food to Warm Your Heart and Hearth	_____
_____	Cooking Demonstration: Spring Awakening	_____
_____	Botanical Drawing for Beginners	_____
_____	Ninth Annual Community Garden Conference <i>(See insert to register for sessions)</i>	_____

membership form



Yes, I would like to join The Friends of The Frelinghuysen Arboretum.

Name _____

Address _____

City _____ State _____ Zip _____

Home phone _____

Secondary phone Work Cell Other _____

Email _____

- Individual Membership\$25
- Family Membership\$35
- Extended Family Membership\$45
- Associate Member\$50
- Supporting Member\$100
- Contributing Member\$250
- Patron\$500
- Student Membership.....\$15
must be 18+ and provide appropriate ID

Make checks payable to "Friends" and mail with membership form to: Friends, PO Box 1295, Morristown, NJ 07962-1295

Please write a separate check for membership, and do not combine with program registration fees.

For more information about membership call 973-326-7603, or visit arboretumfriends.org



As a member of The Friends of The Frelinghuysen Arboretum you can enjoy discounts at our Retail Partners. Please show your Friends' membership card at time of purchase.

Retail Partners Program

arboretumfriends.org

ATLOCK FARM

545 Weston Canal Road, Somerset
732-356-3373 atlockfarm.com
10% discount all non-sale merchandise.

BACK TO NATURE HOME AND GARDEN

3055 Valley Road, Basking Ridge
908-350-7506 backtonature.net
10% discount all merchandise.

BARTLETT TREE EXPERTS

1-877-BARTLETT bartlett.com
15% discount tree feeding.

BLUE MOREL RESTAURANT & WINE BAR THE WESTIN HOTEL

2 Whippany Road, Morristown
973-451-2619 bluemorel.com
10% discount all food purchases.

CONDURSOS GARDEN CENTER

96 River Road, Montville
973-263-8814 condursos.com
10% discount regular retail price on all green goods. Not to be combined with other offers. Offer does not include gift certificate purchases or delivery charges.

COUNTRY MILE GARDENS

1108 Mt. Kemble Avenue, Morristown
973-425-0088 countrymilegardens.com
10% discount all non-sale merchandise.

THE FARM AT GREEN VILLAGE

403 Green Village Road, Green Village
973-377-8703
TheFarmAtGreenVillage.com
10% discount all plant material.
Not to be combined with other offers.

HALL'S GARDEN CENTER & FLORIST

700 Springfield Avenue, Berkeley Heights
908-665-0331 hallsgarden.com
10% off anything with a root. Not to be combined with other offers & excludes fresh flowers.

J&M HOME & GARDEN

201 Main Street, Madison
973-377-4740 jmhg.com
10% discount all plant material.
Not to be combined with other offers.

KUPERUS FARMSIDE GARDENS & FLORIST

19 Loomis Avenue, Sussex
973-875-3160 farmsidegardens.com
10% discount all plant material.

METROPOLITAN FARM

119 Hickory Lane, Closter
201-767-0244 metropolitanfarm.com
10% off anything in store.
Not to be combined with other offers;
excludes fresh flowers.

METROPOLITAN PLANT EXCHANGE

471 Mt. Pleasant Avenue, West Orange
(locations also in Fort Lee and Paramus)
973-736-1997 metroplantexchange.com
10% off anything in store.
Not to be combined with other offers;
excludes fresh flowers.

MORRISTOWN AGWAY

176 Ridgedale Avenue, Morristown
973-538-3232 agway.com
10% discount plants & selected merchandise.

NJ DEER CONTROL

PO Box 8365, Red Bank
1-855-DEER GUYS NJDEERCONTROL.com
10% discount for any subsequent applications. Not to be combined with other offers. Free Trial application.

PLANT DETECTIVES

45 US Highway 206, Chester
908-879-6577 plantdetectives.com
15% discount. Not to be combined with loyalty club discount.

POPLAR WOOD FARM, LLC

240 Mitchell Road, Mansfield
908-399-7655 poplarwoodfarm.com
10% discount on plants, does not apply to sale items. Note: Open to the public on Open Farm Days only. Please check website before visiting.

RARE FIND NURSERY

957 Patterson Road, Jackson
732-833-0613 rarefindnursery.com
10% of non-sale merchandise purchased will be donated to The Friends.

STEVEN KRISTOPH NURSERY

9 Roberts Road, Millstone Township
732-446-1440 pstevenkristoph.com
10% discount on Azaleas, Rhododendrons, Ornamental Trees, Shrubs & Perennials.

SUNNYSIDE GARDENS

35 Route 206, Stanhope
973-347-3010 sunnysidegardenandgifts.com
10% discount on plant purchase.
Not to be combined with other offers.

WELL-SWEEP HERB FARM

205 Mount Bethel Road, Port Murray
908-852-5390 wellsweep.com
10% off Tuesday-Thursday, May-September, excludes Special Event Days and sale items.

WILLIAMS NURSERY

524 Springfield Avenue, Westfield
908-232-4076 williamsnursery.com
10% discount on all non-sale merchandise.