



winter 2020

Friends of The Frelinghuysen Arboretum

## Celebration of Women in Landscape Architecture, Starring Local Legend MARTHA BROOKES HUTCHESON

Martha Brookes Hutcheson was the second female landscape architect in the United States and her property, Merchiston Farm, now called Bamboo Brook Outdoor Education Center, is part of the Morris County Park system. Her gardens have been restored and her design aesthetic is in evidence there, as it is in many gardens throughout the Northeast. She was a woman who bucked convention and was ahead of her time in so many ways. Her book, *Spirit of the Garden*, was re-issued by the American Society of Landscape Architects in 2001 and is still as relevant today as it was when it was first published in 1923 to rave reviews.

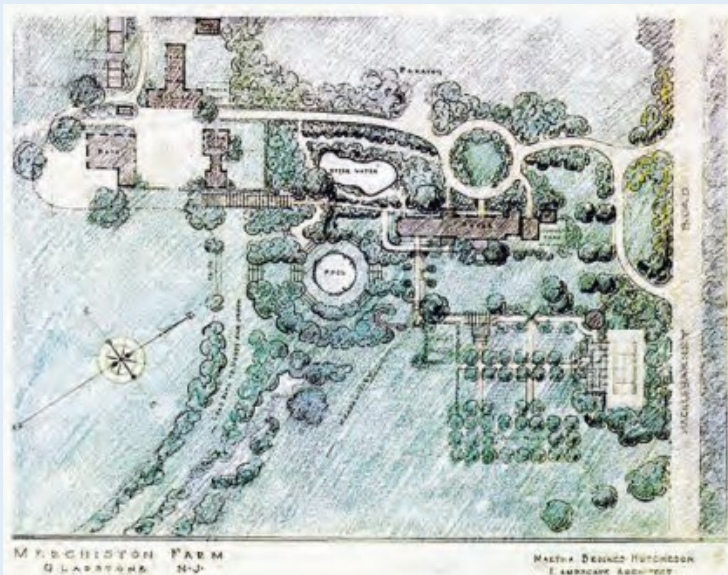
Join Professors Laura Lawson, Connie Webster, Anette Freytag, Kathleen John-Alder and Jean Marie Hartman of the Landscape Architecture Department at Rutgers University for a symposium about women in Landscape Architecture, past and present. Bring a bag lunch. Drinks provided.

*This program is eligible for 4.0 Rutgers Master Gardener CEUs.*

*Date:* Sunday, March 1

*Time:* 10:00 am – 3:00 pm

*Cost:* \$45 members / \$55 non-members



Martha Brookes Hutcheson

## notes from the board

Hello Friends!

Recently I sat in on a planning meeting to discuss 'behind the scenes' operational needs of our Gingerbread Wonderland event. The group was led by Hugh Merritt, Friends of The Frelinghuysen Arboretum (FOFA) Trustee and consisted of a mix of trustees, FOFA staff, Morris County Park Commission (MCPC) staff and seasoned volunteers. I left proud of the teamwork developed over the last years which grows more robust as we move forward into 2020. Individual passions, disciplines, and skills combine and contribute to FOFA's mission and so create something bigger and better than any one person is able to provide. It is a beautiful thing. I take this space in our newsletter today to applaud the Friends' dedicated trustees, staff, and volunteers. Our work with MCPC leadership continues to strengthen as a partnership committed to the preservation, improvement, and promotion of The Frelinghuysen Arboretum and MCPC's other horticultural sites. In so doing we commit to and steward the special character of Morris County's natural beauty.

As we ring in the new year and experience the midwinter urge for regeneration, renewal and self-reflection, the Friends pledge to advance our commitment to building partnerships with great speakers such as renowned photographer Rob Cardillo whose photographic work will be on display in the Haggerty Education Center's gallery, and Paul Meyer, recently retired Executive Director of the Morris Arboretum. Later in the year we've planned a bus trip to the Morris Arboretum. As well, in partnership with Rutgers University and the MCPC, the Friends will commemorate Martha Brookes Hutcheson, one of America's first landscape architects and owner/designer of Merchiston Farm (now Bamboo Brook), with a symposium on women in landscape architecture. We are delighted to highlight the work of Martha and other accomplished women in the landscape design field with a day spent educated by teachers, encouraged by professionals, and inspired by an exhibit of historic curated items from the MCPC archives. And don't forget to sign up for our ever-popular Community Garden Conference and the Friends' trip to the Philadelphia Flower Show!

So many chances to learn, to share, and to beat back the winter doldrums. Please join us!

Yours in horticulture,  
Heather Wyse Emelander  
President, Friends of The Frelinghuysen Arboretum

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If you would like to receive Arboretum Leaves via email, contact Lisa Bencivengo at [lbencivengo@morrisparks.net](mailto:lbencivengo@morrisparks.net).

You will receive the next issue of Arboretum Leaves as a PDF instead of receiving a paper copy in the mail. PDFs will be emailed on the same day that the paper copies are mailed, so you will get Arboretum Leaves first!

## Member's Only New Year's Party



*Andrea Buckingham –  
Landscape Architect / Horticulturist  
Rock Ridge: Reinventing a Historic Estate  
for a Modern Day Family*

Times have changed since the initial inception of the gardens at the historic estate of Rock Ridge in Tuxedo Park, New York. Once featured in a 1908 *American Homes and Gardens* article as a stunning example of the Victorian style of gardening, the grounds endured decades of neglect. See how the grounds were transformed for a modern day family. Native and reclaimed materials were used to create new structures and garden spaces. A vast palette of plantings highlights the innate beauty of the site and creates a multi-seasonal feast for the senses. Andrea Buckingham, the landscape architect on this project, gives us an insider's guide to this beautiful and historic estate. Following Andrea's talk, please join us for refreshments. Make your reservation early as seats are limited!

*Date:* Sunday, January 12  
(Snow date: Sunday, January 19)

*Time:* 1:00 pm – 3:00 pm

*Cost:* Free to members, but registration is required



*Rock Ridge, Tuxedo, NY*

# Benjamin Blackburn Scholarship Lecture

## *Rob Cardillo: The Art of Garden Photography*

Since 1979, the Friends of The Frelinghuysen Arboretum have supported horticultural education through a scholarship named for Dr. Benjamin Blackburn. Join professional garden photographer Rob Cardillo as he illustrates the crafting of sweeping landscapes and compelling plant close-ups through engaging instructive stories. From pre-visualizing to post-processing, Rob will provide you with new tools and new ideas to help you find and translate your own vision of Eden, even if you only use an iPhone.

Rob Cardillo has been photographing gardens, plants and the people who love them for nearly thirty years. He has been credited as the primary photographer in over twenty-five books including *The Art of Gardening at Chanticleer* (by R.W. Thomas), *The Layered Garden* (by David Culp) and *Chasing Eden* (by Jack Staub). Rob's work is also seen in publications such as *Country Gardens*, *Gardens Illustrated* and *The New York Times*. Along with his Blue Root Media partners, Rob provides editorial content for an award-winning regional gardening magazine, *GROW*, published quarterly by the venerable Pennsylvania Horticultural Society. Winner of numerous photography awards, Rob was inducted into the Garden Writer's Association Hall of Fame in 2015. You can see more of his work on display in the gallery of the Haggerty Education Center throughout the month of February and at [www.robcardillo.com](http://www.robcardillo.com)

Dr. Blackburn was a professor of Botany at Drew University. His involvement with the Morris County Park Commission began with his friendship with Henry and Robert Tubbs, whose property, Willowwood, eventually became the Willowwood Arboretum. Dr. Blackburn published many articles and wrote a number of books on gardening as well as being the host of a very

popular radio gardening program. He generously shared his vast knowledge and deep love for horticulture with many staff members in the Horticulture Division and with his countless fans – members of the Friends of The Frelinghuysen Arboretum and area garden clubs.

Admission fees support the scholarship that is offered to students in the Landscape Technology Program at County College of Morris. This scholarship allows interested students the opportunity to explore the different horticultural, environmental, and design studies offered through the accredited CCM programs. The increased knowledge the students acquire in the classroom and through hands-on programs at CCM will benefit them as they enter their chosen field in horticulture and landscape design. Light refreshments follow the talk.

*This program is eligible for 2.0 Rutgers Master Gardener CEU's.*

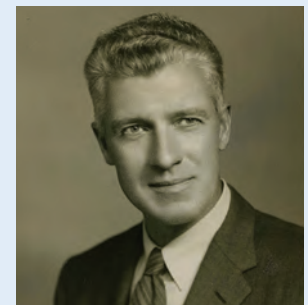
**Date:** Saturday, February 1  
(Snow date: Sunday, February 2)

**Time:** 1:00 pm – 3:00 pm

**Cost:** \$40 members / \$50 non-members



Rob Cardillo



Benjamin Blackburn



## Tenth Annual Community Garden Conference

The Friends of The Frelinghuysen Arboretum and Rutgers Cooperative Extension of Morris County are teaming up to present their Annual Community Garden Conference for the tenth year in a row. We can hardly believe that it's been 10 years since the first conference was held and this year we are bringing back our very first keynote speaker, Dr. Laura Lawson!

The impressive list of session speakers, all experts in their field, will cover topics relevant to community gardeners, garden managers, and those trying to establish a new community garden. The topics for the 2020 conference include: Weed ID and Management with County Agent and Rutgers Vegetable Expert Peter Nitzsche, Straw Bale Gardening with a team of Rutgers Master Gardeners who experimented with this type of

growing throughout the 2019 season, Early Season Vegetable Gardening with Virginia Lamb, Finding and Securing Funding Sources with Samantha Rothman, Culinary Herbs with Lindsay Napolitano and back by popular demand, Farmer Shaun Ananko on Succession Planting.

Join us for a full day of education, exhibitors, networking, and camaraderie. Lunch is provided.

*This program is eligible for 5.0 Rutgers Master Gardener CEU's.*

*Please bring a donation for the Interfaith Food Pantry of Morris County.*

*Please see the insert to register and to choose your sessions.*

**Date:** Saturday, March 7 (Snow date: Sunday, March 8)

**Time:** 8:30 am – 4:00 pm

**Cost:** \$50 per person before February 1,  
\$60 per person after February 1



## Botanical Drawing for Beginners with Katy Lyness

Do you ever wish you could capture the details of a plant long after you've seen it? This introductory class teaches you how to make realistic drawings of plants using a variety of techniques. Learn to draw a selection of plant parts, including branches, stems, leaves, and flowers, for pleasure or to expand your drawing skills. Artist Katy Lyness is a passionate home gardener and teaches botanical illustration at the New York Botanical Garden. She has been represented in international exhibitions and is active in the Tri-State Botanical Artist Group. She received her MA in Art Education from Columbia University Teacher's College. A materials list will be provided at registration.

**Dates:** Four Saturdays, January 4, 11, 18, 25

**Time:** 1:00 pm – 4:00 pm

**Cost:** \$100 members / \$140 non-members  
for the series of four classes.

## Make a Macramé Hanging Planter Workshop

What's old is new again! Join Samantha Matthews to create a beautiful macramé hanging planter. Learn a few basic knots to create your own handmade wall hanging in this beginner macramé class. You will leave with a finished wall hanging and the knowledge to design future pieces. Class fee includes all materials.

**Date:** Saturday, March 14

**Time:** 10:00 am – 12:00 pm

**Cost:** \$40 members / \$50 non-members



## art in the Arboretum

### In Our Gallery

#### January – Expressions of Nature Art Walk Artists

Stroll through the Gallery for a chance to admire the diverse collection of mixed media featuring artists and crafters from the Expressions of Nature Art Walk.

#### February – Photographs by Rob Cardillo

Come experience the idyllic vignettes created by photographer Rob Cardillo. Rob has been the sole photographer for more than 25 books including *The Art of Gardening* by R.W. Thomas. His work has also been published in *Country Gardens*, *Garden Design*, *Gardens Illustrated* and *The New York Times*. This is a must see exhibit!

#### March – High School Photography Contestants

High school students compete in the Frelinghuysen Arboretum High School Photo Contest. They capture and share moments in nature through the lens of their cameras.



## cynthia's cooking corner

### Cooking Demonstration: Are You Ready for Arugula?

Take advantage of the start of growing season with Chef Cynthia Triolo. Learn new recipes and techniques for cooking with arugula, that wonderful, peppery and versatile springtime favorite.

**Date:** Sunday, March 22

**Time:** 1:00 pm – 3:00 pm

**Cost:** \$25 members / \$30 non-members

### Tuna Noodle Casserole

Continuing with our theme of what's old is new again, make this for dinner after the Macrame class! (see left)

#### Ingredients:

- 1 medium onion, finely chopped
- 4 ½ tablespoons unsalted butter
- 10 ounces mushrooms, (white or crimini) sliced
- 2 teaspoons tamari or soy sauce
- ¼ cup all-purpose flour
- 2 cups chicken broth
- 1 cup whole milk
- 2 teaspoons fresh lemon juice
- ¼ teaspoon salt
- 1 (6-oz) can tuna in olive oil, drained
- ½ cup frozen peas
- 6 ounces egg noodles (about 3 ¼ cups)
- 1 ½ cups coarse fresh bread crumbs (from 3 slices firm white sandwich bread)
- 4 ounces grated Cheddar (1 cup)
- 1 tablespoon olive oil

#### Directions:

Saute onion in 1 ½ tablespoons butter with a pinch of salt in a 12-inch heavy skillet until softened. Add mushrooms and sauté until mushrooms begin to give off liquid, about 2 minutes. Add soy sauce and continue cooking until most of the liquid has evaporated.

In a saucepan, melt 3 tablespoons butter and whisk in flour, stir and cook for about 3 minutes. Add the broth slowly and bring to a boil, whisking constantly. Add the milk and continue simmering for a few more minutes. Remove from the heat and stir in mushroom mixture, lemon juice, salt, tuna and peas. Season the sauce with salt and pepper.

Cook the egg noodles until just under al dente. Drain and add them to the sauce. Transfer to a buttered casserole dish.

In a small bowl, toss together the bread crumbs and cheese. Drizzle with oil and toss again, then sprinkle evenly over casserole. Bake until topping is crisp and sauce is bubbling, 20 to 30 minutes.

## GREAT SPEAKERS SERIES



Margaret Roach

### *Margaret Roach Nonstop Plants; A Garden for 365 Days Rescheduled from October*

Margaret Roach has worked for more than 25 years to make her garden in the Hudson Valley-Berkshires area a visual treat every day of the year. Meet the plants and the philosophy that make it happen, delivered with a dose of “horticultural how-to and woo-woo.” Margaret’s book “A Way to Garden”, originally released in 1998, has now been fully updated for the just released 21st Anniversary edition and will be available for signing.

*This program is eligible for 1.5 Rutgers Master Gardener CEU's.*

*Date:* Saturday, February 15 (Snow date: Saturday, February 22)

*Time:* 2:00 pm – 3:30 pm

*Cost:* \$30 members / \$40 non-members

### *An Afternoon with Paul Meyer: Botanical Adventures in Kazakhstan – Recent Travels in the Altai Mountains*

Join Paul Meyer, recently retired Executive Director of the Morris Arboretum in Philadelphia, for an illustrated lecture on his recent trip to the dramatic Altai Mountains in Kazakhstan. He will highlight major tree species of this region as well as the rich diversity of steppe and alpine wildflowers. Join him as he and his fellow adventurers travel well off the tourist path and experience a part of the world relatively unblemished by modern development.

*This program is eligible for 2.0 Rutgers Master Gardener CEUs.*

*Date:* Saturday, March 28

*Time:* 1:00 pm – 3:00 pm

*Cost:* \$35 members / \$45 non-members



Paul Meyer



### *Bus Trip with the Friends to the 2020 Philadelphia Flower Show*

Join the Friends on this always popular and highly anticipated annual trip. Inspired by the world’s exotic Mediterranean gardens, the 2020 Philadelphia Flower Show invites you to fall in love with gardening all over again. Chat with garden experts and watch how-to gardening demonstrations in the Gardener’s Studio. See top floral designers in fun-filled competitions in the Designer’s Studio and shop acres of vendor booths brimming with merchandise in the Marketplace. Explore the hundreds of award-winning plants in the PHS Hamilton Horticult and enjoy lunch and/or dinner on your own at the show or the Reading Terminal Market.

*Date:* Tuesday, March 3

*Time:* 10:30 am – 8:30 pm

Bus leaves from the arboretum parking lot.

*Cost:* \$80 members / \$90 non-members.

No refunds after February 15.



### *Plant Sale Preview*

The Plant Sale team will preview their favorite plants ordered for the annual sale and share planting tips to help you shake off your winter doldrums and look forward to our fun spring event on May 1-3. You’ll also be able to pre-order selected plants after the talk that won’t be available at the sale.

*This program is eligible for 1.5 Rutgers Master Gardener CEU's.*

*Date:* Sunday, March 29

*Time:* 2:00 pm – 3:30 pm

*Cost:* FREE, but registration is required

**Get involved!** Volunteer to help at the plant sale this year. It’s a great way to meet new friends and to learn more about plants as you help us set up during the week leading into the sale and during the sale itself. Registration will open on our website on January 31st.

## affiliate member programs

*All are free and open to the public*

Non-profit organizations whose missions are focused on horticulture and the natural world may apply for membership. There are two types of membership: Affiliate and Organizational. Your membership is vitally important to the continuation of horticultural excellence and education at The Frelinghuysen Arboretum, Willowwood Arboretum and Bamboo Brook. Won't you consider joining the Friends? Below are some of the programs our Affiliate Members offer.

### *African Violet Club of Morris County*

Wednesday, January 8 7:30 pm  
Judging African Violets

Wednesday, February 12 7:30 pm  
African Violet Society of America – Program on Hybridizing  
Save the dates for the 25th annual show and sale “Violets – A Silver Anniversary”

April 4, 2020 1:00 pm – 4:30 pm

April 5, 2020 11:00 am – 3:00 pm

### *Frelinghuysen Arboretum Gesneriad Society*

Thursday, February 6 7:30 pm  
2019 Gesneriad Society Convention – slide show from the convention flower show in Cincinnati.

Thursday, March 5 7:30 pm  
Propagation Workshop RSVP required, reply to Karyn Cichocki, kdc05@ptd.net

### *Great Swamp Bonsai Society*

Tuesday, January 14 6:30 pm – 9:30 pm

Tuesday, March 10 6:30 pm – 9:30 pm

To receive a free newsletter for updates and events, please email club president John Michalski at huonia@aol.com.

### *Home Garden Club of Morristown*

Wednesday, February 19 11:30 am Meeting  
1:00 pm - Screening of the movie “The Gardener” about Garden Conservancy founder Frank Cabot.

Wednesday, March 18 11:30 am Meeting  
1:00 pm - “Through the Garden Gates of England” a photographic tour of private and public gardens with a discussion of characteristic elements and practices.

### *New Jersey Mycological Association*

Sunday, January 26 12:00 pm – 4:00 pm

Sunday, March 22 12:00 pm – 4:00 pm

### *New Jersey State Chrysanthemum Society*

Friday, March 6 1:00 pm – 3:00 pm

Program: An illustrated talk on Gardens of the Pacific Northwest, home to many spectacular and very interesting gardens.  
Mum Topic: Evaluating wintered-over mums and preparations for the 2020 growing season.

### *North American Butterfly Association*

Tuesday, January 7 7:30 pm  
Topic: “2019 Year in Review – Looking Forward by Looking Back” – Garry Annibal

Tuesday, February 4 7:30 pm  
Topic: “Brilliant Butterflies of Panama” – Sharon Wander

Tuesday, March 3 7:30 pm  
Topic: “Moths, Monkeys, Morphos and More of Panama” – Wade Wander

### *North American Rock Garden Society – Watnong Chapter*

Sunday, February 16 10:00 am  
Speaker Barbara Melera lectures on ‘The D. Landreth Seed Company and The Story of America’s Great Seed Houses’

Saturday, March 21 10:00 am  
Joseph Tychonievich, NARGS Editor, Green Sparrow Gardens, lectures on ‘Rock Gardening: Reimagining a Classic Style for Today’s Garden’

### *Northeast Judging Center of the American Orchid Society*

Saturday, January 18; Saturday, February 15; Saturday, March 21  
Anyone may bring an orchid to be judged or listen in on the educational programs.

Educational Program: 10:00 am  
Orchid Judging: 12:00 pm

### *TriState African Violet Council*

Saturday, February 15 10:00 am

Program to be determined.



## Gardenworks Horticulture Volunteer

Gardenworks volunteers donate their time, experience, and skills to make valuable contributions to our public gardens. By working alongside our professional horticulture staff, volunteers assist in beautifying our arboretums. Volunteers perform tasks such as planting, pruning, propagating, edging, weeding and raking. This is a perfect opportunity to learn new horticultural skills while enjoying the company of fellow garden enthusiasts. Gardenworks begins in the early spring and continues into the fall season. Tools and refreshments are provided.

The Gardenworks Program runs as follows:

- Frelinghuysen Arboretum Tuesdays, 9:00 am – 12:00 pm
- Willowwood Arboretum Wednesdays, 9:00 am – 12:00 pm
- Bamboo Brook Thursdays, 9:00 am – 12:00 pm

Contact Patti Millar, Horticulture Volunteer Program Coordinator, at pmillar@morrisparks.net or at 973-326-7629, for additional information.

## morris county park commission programs

To register for any of the following programs, please call 973.326.7601 between the hours of 9:00 am and 4:30 pm.  
Check the Park Commission's website at [morrissparks.net](http://morrissparks.net) for program descriptions and more information.

### *Spinning with Plant Fibers – Making Yarn the Old Fashioned Way*

Have the hands-on experience of making yarn from flax, bamboo, cotton and more. Try your hand at spinning these different fibers on drop spindles and a spinning wheel.

*Date:* Sunday, January 19

*Time:* 1:00 pm – 2:00 pm

*Cost:* \$15 per person

### *Make & Take Framed Desk Garden*

Make a lovely framed dried garden to leave on your desk or hang on the wall.

*Date:* Thursday, January 30

*Time:* 7:00 pm – 8:00 pm

*Cost:* \$30 per person

### *Orchids, Bromeliads & Ferns – Our Favorite Epiphytes*

Discover the world of air plants as you watch this design demonstration.

*This program is eligible 1.0 Rutgers Master Gardener CEU's.*

*Date:* Sunday, February 9

*Time:* 1:00 pm – 2:00 pm

*Cost:* \$15 per person

### *Let's Talk Perennials*

Ann Fahey, Superintendent of Horticulture Education introduces you to some beautiful perennials that will bring color to your garden throughout the seasons. Bring in a photograph of your garden and she will give you helpful hints to customize your space.

*This program is eligible for 1.5 Rutgers Master Gardener CEU's.*

*Date:* Sunday, February 23

*Time:* 1:00 pm – 2:30 pm

*Cost:* \$20 per person

### *Make & Take Soap with Herbs and Essentials Oils*

Get the scent of summer in your soap! A quick and easy way to make soap with no lye.

*Date:* Thursday, February 27

*Time:* 6:30 pm – 8:00 pm

*Cost:* \$30 per person

### *Which House Plants are Right for You?*

Discover which houseplants are right for you! Tips on indoor plant care.

*This program is eligible for 1.0 Rutgers Master Gardener CEU's.*

*Date:* Sunday, March 15

*Time:* 1:00 pm – 2:00 pm

*Cost:* \$15 per person

### *Designing a Garden for Birds*

Feed the birds and enjoy the beautiful flowers! Native perennial plants, shrubs and trees that invite birds into our yards.

*This program is eligible for 1.0 Rutgers Master Gardener CEU's*

*Date:* Thursday, March 26

*Time:* 7:00 pm – 8:00 pm

*Cost:* \$15 per person

## children's programs

### *Family Photo Scavenger Hunt*

Grab a camera or phone and stop by the Haggerty Education Center for a nature photo scavenger hunt. January's theme: Baby, It's Cold Outside, February: You'd Better Believe It, and March: Everywhere Signs

*Time:* Families welcome to participate any time between 9:00 am and 3:30 pm

*Cost:* \$10 per family

### *Games and Gardens: Family Garden Game Day*

Shake that cabin fever and play Garden-opoly, Plant Scrabble, life-sized chess, and garden Bingo challenge to win prizes. Enjoy popcorn, hot cocoa and other seasonal snacks.

*Dates:* Sunday, January 5 and Sunday, February 9

*Time:* 1:00 pm – 4:00 pm

*Cost:* \$3 per person

### *Garden Sprouts*

*Ages:* 2–5 with an adult

*Times:* 10:00 am – 11:00 am or 1:00 pm – 2:00 pm

*Cost:* \$5 per child

*Sbb! We're Sleeping!* – Wednesday, January 8

*Snowy Day* – Wednesday, January 15

*Bare Branches, Green Needles* – Wednesday, January 22

*I See Ice* – Wednesday, January 29

*Scarves, Hats and Mittens* – Wednesday, February 5

*Love Grows* – Wednesday, February 12

*We Heart Birds* – Wednesday, February 19

*Sweet as (Maple) Sugar* – Wednesday, February 26

*P is for Plant* – Wednesday, March 4

*Super Seed* – Wednesday, March 11

*Spring is Coming* – Wednesday, March 18

*Out Like a Lamb* – Wednesday, March 25

### *Arboretum Artists*

*Ages:* 8–12

*Time:* 4:00 pm – 5:00 pm

*Cost:* \$10 per child

*Winter Watercolor* – Thursday, February 6

*Printmaking* – Thursday, March 5

### *Children's Centerpiece Workshops*

*Time:* 4:00 pm – 5:00 pm

*Cost:* \$20 per person unless otherwise noted, all materials are supplied.

*Winter Light* – Ages 6–10 Thursday, January 16, Cost: \$10

*Feather the Nest* – Ages 7–12 Thursday, January 23

*Hearts and Flowers* – Ages 6–12 Thursday, February 13

*Tip of the Hat* – Ages 6–12 Thursday, March 12



*Friends*  
of The Frelinghuysen Arboretum  
353 East Hanover Avenue, P.O. Box 1295  
Morristown, NJ 07962-1295

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|---|--|
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| Judy Snow<br><i>Corresponding Secretary</i> |  |

The Friends of The Frelinghuysen Arboretum and The Morris County Park Commission invite everyone to participate in their programs. If you require an interpreter for the deaf or other accommodations, please contact us at 973-326-7603 or TDD 1-800-852-7899. Please provide two weeks notice.

## calendar of events

### January

<i>Ongoing</i>	Family Photo Scavenger Hunt:	15
	Baby It's Cold Outside .....	7
<i>Ongoing</i>	Gallery Exhibit: Expressions of	19
	Nature Art Walk Artists.....	23
4, 11, 18, 25	Botanical Drawing for Beginners .....	26
5	Games and Gardens:	27
	Family Garden Game Day .....	7
8	Sprouts: Shh! We're Sleeping .....	7
12	Members Only New Year's Party .....	2
15	Sprouts: Snowy Day .....	7
16	Winter Light .....	7
19	Spinning with Plant Fibers.....	7
22	Sprouts: Bare Branches, Green Needles .....	7
23	Feather The Nest .....	7
29	Sprouts: I See Ice.....	7
30	Make and Take Framed Desk Garden .....	7

### February

<i>Ongoing</i>	Family Photo Scavenger Hunt:	15
	You'd Better Believe It .....	7
<i>Ongoing</i>	Gallery Exhibit: Photos by Rob Cardillo .....	4
1	Benjamin Blackburn Scholarship Lecture .....	3
5	Sprouts: Scarves, Hats, and Mittens .....	7
6	Arboretum Artists: Winter Watercolor .....	7
9	Games and Gardens:	
	Family Garden Game Day .....	7
9	Orchids, Bromeliads & Ferns –	
	Our Favorite Epiphytes .....	7
12	Sprouts: Love Grows .....	7
13	Hearts and Flowers .....	7

15	Margaret Roach Nonstop Plants;	
	A Garden for 365 Days .....	5
	Sprouts: We Heart Birds.....	7
	Let's Talk Perennials .....	7
	Sprouts: Sweet as (Maple) Sugar .....	7
	Make and Take Soap With	
	Herbs and Essential Oils.....	7

### March

<i>Ongoing</i>	Family Photo Scavenger Hunt:	
	Everywhere Signs .....	7
<i>Ongoing</i>	Gallery Exhibit: High School	
	Photography Contestants .....	4
	Celebration of Women in	
	Landscape Architecture .....	1
	Bus Trip to the Philadelphia Flower Show .....	5
	Sprouts: P is for Plant.....	7
	Arboretum Artists: Printmaking .....	7
	Tenth Annual Community Garden Conference....	3
	Sprouts: Super Seed .....	7
	Tip of the Hat .....	7
	Make a Macrame Hanging Planter Workshop ....	4
	Which House Plants Are Right For You? .....	7
	Sprouts: Spring is Coming!.....	7
	Cooking Demonstration:	
	Are You Ready For Arugula?.....	4
	Sprouts: Out Like a Lamb .....	7
	Designing A Garden For Birds .....	7
	An Afternoon with Paul Meyer:	
	Botanical Adventures in Kazakhstan.....	5
	Plant Sale Preview .....	5

*See page 6 for a complete listing of affiliate member meetings and events.*



## Changes to the Program Registration Process

The Morris County Park Commission (MCPC) has changed the registration procedure for programs presented by its staff. These include children's programs, outdoor workshops, and others. To register for these programs, **you must call 973-326-7601 between the hours of 9:00 am to 4:30 pm to pay by credit card, or stop by the front desk at the Haggerty Education Center (HEC) to pay by check.** Be sure to identify yourself as a Friends' member to receive the member's discount. Although the MCPC programs will still be shown for informational purposes on the Friends' website, **it will no longer be possible for you to register for MCPC programs there.** To receive a refund for MCPC programs, cancellation must be made at least 7 days in advance, by sending an email to

afahey@morrisparks.net with your name, the name of the program, and the number of spaces you are cancelling.

**There is no change to the registration procedure for programs sponsored by the Friends.** Please continue to register online at [www.arboretumfriends.org](http://www.arboretumfriends.org), mail in the form below with a check, or stop by the Friends desk at the HEC to drop off the form and check. Lisa Bencivengo is available at 862-325-7754 on Mondays, Tuesdays, Wednesdays and Thursdays to answer questions about **Friends' programs only**, or you can email her at [lbencivengo@morrisparks.net](mailto:lbencivengo@morrisparks.net).

## registration form

- Registrations for **Friends' sponsored programs** are accepted on a first-come, first-served basis and will be confirmed when payment is received.
- Credit cards are accepted at our website: [arboretumfriends.org](http://arboretumfriends.org). Be sure to follow the Paypal instructions to complete the transaction. Bring your receipt to the program.
- Make checks payable to "Friends". Mail registration form and checks to: Friends, PO Box 1295, Morristown, NJ 07962-1295
- All activities are scheduled in the Haggerty Education Center at The Frelinghuysen Arboretum, 353 East Hanover Avenue, Morris Township, NJ, unless otherwise noted.
- In order to receive a refund, cancellations must be made at least 7 days in advance of the program. To cancel your registration, please send an email to [cancellations@arboretumfriends.org](mailto:cancellations@arboretumfriends.org). Please include your name, the name of the program and the number of spaces you are cancelling.
- For questions or more information, call 862-325-7754.

**Use this form to register for the Friends' sponsored programs shown below only. To register for all other programs call 973-326-7601.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_

Secondary phone  Work  Cell  Other \_\_\_\_\_

Email \_\_\_\_\_

Would you like an email confirmation?  Yes  No

No. attending	WINTER PROGRAMS	Cost
_____	Members Only New Year's Party	FREE
_____	Celebration of Women in Landscape Architecture	_____
_____	An Afternoon with Paul Meyer: Botanical Adventures in Kazakhstan	_____
_____	Plant Sale Preview	FREE
_____	Benjamin Blackburn Scholarship Lecture	_____

No. attending	WINTER PROGRAMS	Cost
_____	Margaret Roach Nonstop Plants; A Garden for 365 Days	_____
_____	Bus Trip to the Philadelphia Flower Show	_____
_____	Cooking Demonstration: Are You Ready for Arugula	_____
_____	Botanical Drawing for Beginners	_____
_____	Macrame Hanging Planter Workshop	_____

Tenth Annual Community Garden Conference (See insert to register for sessions)  
To register for all other listed programs please call 973.326.7601

## membership form



Yes, I would like to join the Friends of The Frelinghuysen Arboretum.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_

Secondary phone  Work  Cell  Other \_\_\_\_\_

Email \_\_\_\_\_

- Individual Membership .....\$25
- Family Membership .....\$35
- Extended Family Membership .....\$45
- Associate Member .....\$50
- Supporting Member .....\$100
- Contributing Member .....\$250
- Patron .....\$500
- Student Membership.....\$15  
*must be 18+ and provide appropriate ID*

**Make checks payable to "Friends" and mail with membership form to: Friends, PO Box 1295, Morristown, NJ 07962-1295**

**Please write a separate check for membership, and do not combine with program registration fees.**

**For more information about membership call 862-325-7754, or visit [arboretumfriends.org](http://arboretumfriends.org)**



As a member of the Friends of The Frelinghuysen Arboretum you can enjoy discounts at our Retail Partners. Please show your Friends' membership card at time of purchase.

# Retail Partners Program

arboretumfriends.org

## **ATLOCK FARM**

545 Weston Canal Road, Somerset  
732-356-3373 atlockfarm.com  
10% discount all non-sale merchandise.

## **BACK TO NATURE HOME AND GARDEN**

3055 Valley Road, Basking Ridge  
908-350-7506 backtonature.net  
10% discount all merchandise.

## **BARTLETT TREE EXPERTS**

1-877-BARTLETT bartlett.com  
15% discount tree feeding.

## **BLUE MOREL RESTAURANT & WINE BAR THE WESTIN HOTEL**

2 Whippany Road, Morristown  
973-451-2619 bluemorel.com  
10% discount all food purchases.

## **CONDURSOS GARDEN CENTER**

96 River Road, Montville  
973-263-8814 condursos.com  
10% discount regular retail price on all green goods. Not to be combined with other offers. Offer does not include gift certificate purchases or delivery charges.

## **COUNTRY MILE GARDENS**

1108 Mt. Kemble Avenue, Morristown  
973-425-0088 countrymilegardens.com  
10% discount all non-sale merchandise.

## **THE FARM AT GREEN VILLAGE**

403 Green Village Road, Green Village  
973-377-8703  
TheFarmAtGreenVillage.com  
10% discount all plant material.  
Not to be combined with other offers.

## **HALL'S GARDEN CENTER & FLORIST**

700 Springfield Avenue, Berkeley Heights  
908-665-0331 hallsgarden.com  
10% off anything with a root. Not to be combined with other offers & excludes fresh flowers.

## **J&M HOME & GARDEN**

201 Main Street, Madison  
973-377-4740 jmhg.com  
10% discount all plant material.  
Not to be combined with other offers.

## **KUPERUS FARMSIDE GARDENS & FLORIST**

19 Loomis Avenue, Sussex  
973-875-3160 farmsidegardens.com  
10% discount all plant material.

## **METROPOLITAN FARM**

119 Hickory Lane, Closter  
201-767-0244 metropolitanfarm.com  
10% off anything in store.  
Not to be combined with other offers;  
excludes fresh flowers.

## **METROPOLITAN PLANT EXCHANGE**

471 Mt. Pleasant Avenue, West Orange  
(locations also in Fort Lee and Paramus)  
973-736-1997 metroplantexchange.com  
10% off anything in store.  
Not to be combined with other offers;  
excludes fresh flowers.

## **MORRISTOWN AGWAY**

176 Ridgedale Avenue, Morristown  
973-538-3232 agway.com  
10% discount plants & selected merchandise.

## **NJ DEER CONTROL**

PO Box 8365, Red Bank  
1-855-DEER GUYS NJDEERCONTROL.com  
10% discount for any subsequent applications. Not to be combined with other offers. Free Trial application.

## **PLANT DETECTIVES**

45 US Highway 206, Chester  
908-879-6577 plantdetectives.com  
15% discount. Not to be combined with loyalty club discount.

## **POPLAR WOOD FARM, LLC**

240 Mitchell Road, Mansfield  
908-399-7655 poplarwoodfarm.com  
10% discount on plants, does not apply to sale items. Note: Open to the public on Open Farm Days only. Please check website before visiting.

## **RARE FIND NURSERY**

957 Patterson Road, Jackson  
732-833-0613 rarefindnursery.com  
10% of non-sale merchandise purchased will be donated to The Friends.

## **STEVEN KRISTOPH NURSERY**

9 Roberts Road, Millstone Township  
732-446-1440 pstevenkristoph.com  
10% discount on Azaleas, Rhododendrons, Ornamental Trees, Shrubs & Perennials.

## **SUNNYSIDE GARDENS**

35 Route 206, Stanhope  
973-347-3010 sunnysidegardenandgifts.com  
10% discount on plant purchase.  
Not to be combined with other offers.

## **WELL-SWEEP HERB FARM**

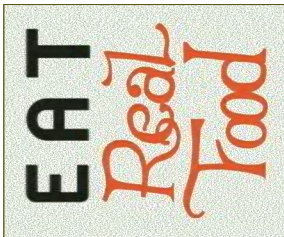
205 Mount Bethel Road, Port Murray  
908-852-5390 wellsweep.com  
10% off Tuesday-Thursday, May-September, excludes Special Event Days and sale items.

## **WILLIAMS NURSERY**

524 Springfield Avenue, Westfield  
908-232-4076 williamsnursery.com  
10% discount on all non-sale merchandise.

Haggerty Education Center  
The Frelinghuysen Arboretum  
353 East Hanover Avenue  
Morris Township, NJ 07960

FIRST CLASS MAIL



2020 Community Garden  
Conference

**RUTGERS**

New Jersey Agricultural  
Experiment Station

■ Cooperative Extension



353 East Hanover Avenue, Morristown, NJ 07962

enjoy the  
experience  
morris county park commission

morris county park commission

2020  
**Community Garden  
Conference**  
March 7, 2020

at  
The Frelinghuysen Arboretum  
353 East Hanover Avenue  
Morris Township, NJ 07960

An illustration featuring a silver spoon and fork standing upright. In the foreground, there is a sliced watermelon, a whole carrot, and a slice of carrot. The background is a light green with a subtle pattern of white diamonds.

Artwork courtesy of Joe Wirtheim  
[www.victorygardenoftomorrow.com](http://www.victorygardenoftomorrow.com)

# Calling All Community Gardeners

Interest in and demand for Community Gardens has grown explosively. The Friends of The Frelinghuysen Arboretum and Rutgers Cooperative Extension are partnering for the tenth year in a row to bring you an impressive list of topics taught by speakers who are all experts in their fields.

**Please bring a donation for the  
Interfaith Food Pantry**

Eligible for 5.0 Rutgers Master Gardener CEU's



**Saturday, March 7  
8:30 am to 4:00 pm**

Snow date of Sunday, March 8  
\$50 If registered before February 1  
\$60 If registered on/after February 1

Register online at  
[arboretumfriends.org](http://arboretumfriends.org)

Questions? Call 862.325.7754

# 2020 Community Garden Conference

## Keynote Address: Community + Garden: More than the Sum of Two Words by Dr. Laura Lawson

This talk frames our work as grounded in the meanings of community and gardening. Citing historical highlights and examples from gardens around the US, this talk will explore community gardens in terms of their personal, social, and cultural value, as well as the opportunities and challenges associated with the garden site itself and sustaining involvement by gardeners and community. Laura Lawson is Professor of Landscape Architecture and Dean of Academic Programs in the School for Environmental and Biological Sciences at Rutgers University. She has a B.A. in Environmental Studies from the University of California, Santa Cruz and an MLA and Ph.D. from the University of California, Berkeley. Her research includes historical and contemporary community open space. She is author of *City Bountiful: A Century of Community Gardening in America* and co-author of *Design as Democracy: Techniques for Collective Creativity*, and *Greening Cities, Growing Communities: Urban Community Gardens in Seattle*, as well as of numerous publications in academic journals, edited books, and popular media. Dr. Lawson was the keynote speaker at the very first Community Garden Conference 10 years ago.

## Weed ID and Management in Community Gardens Peter Nitzsche, Agricultural and Resource Mgmt Agent Rutgers Cooperative Extension of Morris County

Local community gardens were surveyed to determine the most common weeds found this past growing season. Learn to identify them and tips and techniques for combating them in order to grow the best vegetables in your garden plot. Pete Nitzsche's commitment to community gardens is the reason this conference became a reality ten years ago. Pete holds a B.S. in Plant Science and an M.S. in Horticulture from Rutgers, The State University of New Jersey. Commercial vegetable and small fruit production and marketing are the focus of his applied Research and Extension program and he also oversees the Rutgers Master Gardener volunteer program. His work on strawberries and tomatoes led to the release of the Rutgers Scarlet strawberry and the 'Rutgers 250' tomato in 2016.

## Culinary Herbs: The Apothecary in the Garden Lindsay Napolitano, Fields Without Fences

Culinary herbs and spices have traveled the world on ancient trade routes and within cultural traditions lovingly passed down through the ages. They enliven our favorite recipes and perfume our gardens in high summer. But did you know these familiar seasonings are also powerful plant medicines? Join herbalist Lindsay Napolitano to explore the healing pharmacopeia already growing in your garden and hidden in your spice cabinet. Lindsay is an herbalist, farmer, artist, and permaculture designer living and working within the fields and forests of the Delaware River Watershed. She is the co-founder of Fields Without Fences, a forest garden farm and permaculture design service. Combining a love of story, myth, metaphysics, and ecology, Lindsay weaves an inspired narrative throughout her teachings. You can usually find her outside, aiding and abetting the plants in their ceaseless quest for world domination.

## Coordinators Roundtable Discussion

Grab lunch and meet up in Classroom A for a discussion of topics of your choice with a moderator to keep things on track. This session is for coordinators and managers of Community Gardens.

## Early Season Vegetable Gardening

### Virginia Lamb, Groundwork Education and Consulting

Learn how to take advantage of the benefits of early spring gardening. Topics include site selection, bed preparation, plant selection, season extenders, crop rotation, soil health and cover cropping. Virginia Lamb is an Environmental Educator with over 25 years' experience in soil health, composting, recycling and organic gardening. She has a BA in Environmental Science from Stockton University and an MS in Soil Science from UMass Amherst. Virginia worked as recycling coordinator for many years for Galloway Township and Monmouth County NJ. She has been a freelance educator/consultant since 2000. Virginia lives with her family in Maplewood NJ.

## Succession Planting

### Shaun Ananko, Director of Agriculture and Education Grow It Green Morristown

How do you keep your favorite veggies growing throughout the season? Farmer Shaun has 10 years' experience farming with Grow It Green Morristown. On their one acre Urban Farm he produces over 10,000 lbs. of produce annually using intensive and succession growing techniques. In this class, Farmer Shaun will give detailed instructions on how to succession plant your garden to grow the perfect amount for your family to harvest all season long. You will learn how to properly plant your seedlings, time the next planting date, and tend to your seedlings when they are young.

## Finding and Securing Funding Sources

### Samantha Rothman

Owner of Fairview Farm and Flowers and co-founder of Grow It Green Morristown, Samantha helped transform a littered vacant lot, slated for development, into The Early Street Community Garden. Now preserved and protected, the garden has space for over 100 families to grow their own produce, flowers and herbs. The garden is also a thriving community hub, complete with a public parklet, solar pavilion, ADA-compliant walking path, apiary and more! Creating this magical space required knowing how to find and secure a variety of funding sources. Join Samantha for an in-depth look at a variety of funding opportunities, as well as tips and techniques to help your community garden thrive!

## Straw Bale Gardening

### Rutgers Master Gardeners Steve McAuliffe, Diane Muenzen and John Powers

In response to challenging growing conditions and mobility issues, three Community Gardens (Madison, Long Valley and Morristown) demonstrated using Straw Bales as the planting medium throughout the 2019 season. Learn what it takes to get started, how much fertilizer was needed, how much water, what was planted, what grew well, what didn't and whether or not they would do it again. Learn from their experience and decide for yourself if this is something you would like to try in your own garden. Steve and Diane are the managers of their community gardens and John managed the Straw Bale project at the Morristown Community Garden. All three represent extensive community garden experience.

## 2020 Community Garden Conference

### REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Community Garden \_\_\_\_\_

8:30am - 9:00am Registration and coffee

9:00am - 9:15am Welcome Address

9:15am - 10:15am **Keynote Address**

10:30am - 11:30am **Breakout Session A**

#### (Choose 1)

- 1. Weed Management in Community Gardens
- 2. Culinary Herbs: Apothecary in the Garden
- 3. Early Season Vegetable Gardening

11:30 am - 12:30pm

**Coordinators Roundtable Discussion**

#### Lunch (Choose 1)

- 4. Vegan
- 5. Vegetarian
- 6. Turkey

12:30pm - 1:30pm **Breakout Session B**

#### (Choose 1)

- 7. Weed Management in Community Gardens
- 8. Culinary Herbs: Apothecary in the Garden
- 9. Early Season Vegetable Gardening

1:45pm - 2:45pm **Breakout Session C**

#### (Choose 1)

- 10. Finding and Securing Funding Sources
- 11. Succession Planting
- 12. Straw Bale Gardening

3:00pm - 4:00pm **Breakout Session D**

#### (Choose 1)

- 13. Finding and Securing Funding Sources
- 14. Succession Planting
- 15. Straw Bale Gardening

**Please choose your Breakout Sessions and Lunch.**



Register online at  
arboretumfriends.org  
Questions? call 862.325.7754

Make check payable to FRIENDS  
Mail to:  
Friends of The Frelinghuysen Arboretum  
PO Box 1295  
Morristown, NJ 07962-1295