winter 2022

Friends of The Frelinghuysen Arboretum

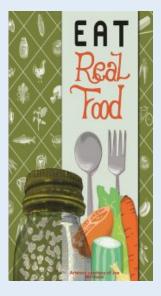
12th Annual Community Garden Conference

The Friends of The Frelinghuysen Arboretum and Rutgers Cooperative Extension of Morris County are teaming up to present their Annual Community Garden Conference for the twelfth year in a row. This year, we will have two brilliant keynote speakers: Niki Jabbour and Ellen Ecker Ogden who will open and close the conference. It's going to be virtual this year but we have an impressive list of session speakers too, all experts in their field. They will cover topics relevant to not just community gardeners but backyard vegetable gardeners as well as garden managers, and those trying to establish a new community garden.

Some of the sessions will be recorded prior to the conference so you will be able to watch them at your leisure and some will be live with a Q&A in real time on March 12.

This program is eligible for 7.0 Rutgers Master Gardener CEU's.

Date: Saturday, March 12 | Time: 9:00 am | Cost: \$30



The Topics for the 2022 Conference Include:

- Opening Keynote Speaker Niki Jabbour, award winning author of 4 books on gardening will speak about her newest book *Growing Under Cover*. She shares the ways garden covers can be used to extend the season in spring, fall and winter, as well as protect from insect pests and larger pests like deer and rabbits. She'll also discuss considerations when growing under cover like watering, planting dates and much more.
- Closing Keynote Speaker Ellen Ecker Ogden will discuss *The New Heirloom Garden*, her latest book. Learn what to plant for the best tasting heirloom vegetables, the most fragrant flowers, old-fashioned herbs, and fruit for your own garden. You'll be inspired to plant an heirloom garden to bring the past into the future, become a seed saver,

- and enjoy the benefits of growing your own food with style and ease after Ellen's talk.
- Morris County Agricultural and Natural Resource Agent, Rutgers Vegetable Expert and Conference Co-sponsor Peter Nitzsche will discuss the findings from the season-long *Rutgers 250 Tomato Project: To Prune or Not To Prune*, a question many tomato growers are interested in.
- Rebecca Magron, Horticulturist from Rutgers
 Cooperative Extension of Hunterdon County
 presents her excellent talk on *The "Dirt" on Soil*,
 something every gardener needs to understand in
 order to grow the best garden ever. It all starts
 with the soil.

(Continued on pg. 3)

notes from the board

"At this season of the year they're all safe indoors, sitting round the fire; men, women, and children, dogs and cats and all."

- The Wind in the Willows

Now that your garden is put to bed, and while you enjoy a warm fire, let me catch you up on some of the things happening at the Frelinghuysen Arboretum.

The Board of Trustees of the Friends approved three grants to the Morris County Park Commission in the



month of October. The first grant will fund the horticultural education staff's efforts to educate underserved schools in Morris County and its surrounding areas. School classes will have the opportunity to learn about horticulture through prerecorded virtual lessons and question and answer sessions. This is the second year we've supported this effort, spearheaded by Ann Fahey, and it has proven to be very successful in engaging students who would otherwise have very little exposure to horticulture. Two other grants were awarded to The Frelinghuysen Arboretum's Horticultural Manager, Bruce Crawford, to plant bulbs for the Arboretum's much loved annual spring bulb display and to hire a part-time Groundsperson for the 2022 season. The Groundsperson position is crucial to the maintenance of the Arboretum as it is in lieu of our annual grant to support and foster interns, put on hold due to Covid related issues. The Helen Hesselgrave Internship Grant will return in 2023.

We are pleased to fund all three of these projects and wish to thank all of you whose support has helped us continually meet the goals of our mission to enrich, engage and educate.

Other news from the Morris County Park Commission includes the ongoing Meadow and Streambank Restoration at The Frelinghuysen Arboretum. Two knockdowns of invasives took place in the meadows in late April and mid-May of 2021 with seeding of native plants in late June. Due to 2021's rainy summer, many undesirable species appeared, including yellow nutsedge and foxtail. A complete mow was done in August with another knockdown in September to target invasives that emerged over the summer, primarily porcelain berry. Despite issues with undesirable plants, Larry Weaner Associates, the Pennsylvania-based firm hired to consult on the project, believes the restoration is on track for success as seeded species have germinated and become established. The meadows were overseeded with native seed mixes again in fall, 2021. Work began on the streambank restoration in August 2021. The project was put on hold for a few weeks to work out some ongoing issues with interpretation of the plans, but work was later restarted. Completed banks have been seeded with native seed mix. Native shrubs were planted in fall, 2021 and plugs will be planted in spring, 2022.

I'm tickled to know that we will soon have richly colored, graceful, native meadows to explore, play in, delight in.

Wishing you all the best in 2022.

Yours in horticulture, Heather Emelander President, Friends of The Frelinghuysen Arboretum

The buildings at The Frelinghuysen Arboretum remain closed due to staffing shortages. The Morris County Park Commission is working to resolve this issue and we'll keep you posted through our eblast and newsletter. Thanks for your patience.

calendar of events

December		February	
9	Top Mistakes of Backyard Bird Feeding 4	17	Creating a Cottage Style Garden5
January		24	Fabulous Gardens of Southeast England
8, 15, 22, 29	Botanical Drawing for Beginners4	March	
13	Secrets of Orchids5	12	12th Annual Community
16	Winter Celebration – Drama Queens:		Garden Conference 1
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20	The Garden Tourist's New England6	24	An Evening with Jan Johnsen and
February			Her New Book, Floratopia
6	The Benjamin Blackburn Scholarship Lecture:	<i>April</i>	
	Native Plants – Designing to Attract Wildlife 4	7	Biblical Botany5

Virtual Program via Zoom Winter

Celebration



Drama Queens: Dark Beauties For Your Garden with Lesley Parness

Defined as "the absence of color", black in its many hues can highlight, offset and dramatize every real color in your garden. Understand how



to use black hued plants for maximum impact. Over 75 dark beauties, including annuals, perennials, vines, trees and shrubs are featured in this compendium of powerful plants. Lesley will cover their habits and culture, and a useful plant list will be provided. To create rhythm, punctuate place, outline areas and focus the eye, nothing works like black. Keep the drama out of your house, and in the garden!

Lesley is a member of the Herb Society of America, The Council on Horticultural and Botanical Libraries, and Garden State Gardens, a consortium of New Jersey's public gardens of which she is a founding member and past President. Her column, The Garden Historian, is featured bi-monthly in Gardener News Magazine. Retired as Superintendent of Horticultural Education at New Jersey's Morris County Park Commission, Lesley offers illustrated lectures and hands-on workshops to garden clubs, plant and historical societies, Master Gardener groups and libraries.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Sunday, January 16

Time: 4:00 pm

Cost: FREE members / \$10 non-members

Topics for the 2022 Community Garden Conference

(Continued from pg. 1)

- What's Eating my Vegetables and Plants? by Rutgers Master Gardener Ilona Ontscherenki. Get the most out of your garden and enjoy the fruits of your labor. Learn to identify the most common garden problems, how to deal with them and keep your vegetables and plants in good condition.
- Grow and Preserve Culinary Herbs by Rutgers Master Gardener Anna Hackman. Why pay the high prices of grocery store culinary herbs when you can easily grow them yourself? Learn how to grow a multitude of different herbs both perennial and annual either from seeds or plants. You will be shown different methods of preserving your herbs so you can continue to enjoy them throughout the winter. The proper way to winterize your herbs in your garden as well as those that can be grown indoors will be discussed.
- The Coordinator's Round Table moderated by Ned Gardner, Manager of the Ted Largman Community Garden in Morris Township. This is a chance for managers of community gardens to connect with other managers and get questions answered and share successes and not so successful endeavors they've encountered.
- Taking the Mystery Out of Organic Gardening by Rutgers Master Gardener Grace Tshanakas. In this session you will learn the basics about how to create and maintain an organic garden. The following topics are included: organic definition, understanding the basics of soil health, organic seeds, tillage, irrigation, fertilization, and pest/disease management.

Introducing Bruce Crawford, Morris County Park Commission's New Manager of Horticulture

A longtime proponent of unusual and fun plants, Bruce had his own design/build gardening business for nearly 25 years that specialized in plantings for year-round interest. One of those gardens was published in Fine Gardening Magazine! From 2005 to 2020 Bruce was the Director of Rutgers Gardens, the botanical garden for Rutgers University, and was the State Program Leader for Home and Public Horticulture with the NJ Agricultural Experiment Station from 2020 to 2021. He was also an instructor in the Landscape Architecture program at Rutgers University from 1987-2020. Bruce joined the Morris County Park Commission in September as Manager of Horticulture with oversight of The Frelinghuysen Arboretum, Willowwood Arboretum, and Bamboo Brook Outdoor Education Center. Bruce lectures frequently to various groups and has yet to find a plant he doesn't like. Welcome Bruce!





Top Mistakes of Backyard Bird Feeding



Jim Walker, owner of the Wild Birds Unlimited store in Denville presents guidance on the do's and don'ts of the backyard bird feeding hobby. He will review common mistakes that are made, ways to prevent them and suggestions to help make the hobby more productive, safe and enjoyable.

Date: Thursday, December 9

Time: 7:00 pm

Cost: FREE but registration is required

Botanical Drawing for Beginners with

Katy Lyness: Techniques for Drawing Flowers

What better way to learn about and enjoy our natural world than to draw it? And what subject is more captivating than a flower? This introductory class teaches you techniques for drawing using flowers as the primary focus.



The class will include instruction in the use of drawing tools (graphite, pen and colored pencil), techniques for shading, elements of perspective, visualization of light on form, color theory and basic understanding of plant structure. A materials list will be provided at registration.

Artist Katy Lyness is a passionate home gardener whose interests brought her to NYBG's Botanical Illustration Program. She has been represented in the American Society of Botanical Artists' Annual International Exhibition and is active in the Tri-State Botanical Artist Group. She has an MA in Art Education from Columbia University, Teacher's College.

Dates: Four Saturdays, January 8, 15, 22 and 29

Time: 1:00 pm – 4:00 pm

Cost: \$80 members / \$120 non-members for the series of four classes.



- Save the Date -

Mark your calendar for the 2022 Friends of The Frelinghuysen Arboretum's Annual Plant Sale April 29 – May 1

The Benjamin Blackburn Scholarship



Since 1979, the Friends of The Frelinghuysen Arboretum have supported horticultural education through a scholarship named for Dr. Benjamin Blackburn. This year's speaker is Morris County Park Commission's new Manager of Horticulture.

Native Plants – Designing to Attract Wildlife with Bruce Crawford

There has been a tremendous surge in the use and interest in native plants. Yes, these plants are great for our many beneficial insects in the form of leaves and pollen to eat and stems in which to overwinter. The challenge is how to organize these plants such that they provide an attractive garden for your home. Bruce will share thoughts starting from the ground up on how to combine these plants into cohesive and attractive designs for your home!

Dr. Blackburn was a professor of Botany at Drew University. His involvement with the Morris County Park Commission began with his friendship with Henry and Robert Tubbs, whose property, Willowwood, eventually became the Willowwood Arboretum. Dr. Blackburn published many articles and wrote a number of books on gardening as well as being the host of a very popular radio gardening program. He generously shared his vast knowledge and deep love for horticulture with many staff members in the Horticulture Division and with his countless fans, members of the Friends of The Frelinghuysen Arboretum and area garden clubs.

All proceeds from this program support the scholarship that is offered to students in the Landscape Technology Program at County College of Morris. This scholarship allows interested students the opportunity to explore the different horticultural, environmental, and design studies offered through the accredited CCM programs. The increased knowledge the students acquire in the classroom and through hands-on programs at CCM will benefit them as they enter their chosen field in horticulture and landscape design.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Sunday, February 6

Time: 4:00 pm *Cost:* \$20

virtual programs via zoom



Secrets of Orchids – with Rutgers Master Gardener Cheri Wilczek

Orchids are more available and affordable than ever before, coming in a multitude of colors. Learn how to

select the best type of orchids for 'rookies'. Potting, planting, propagation, general and best care practices, pests, diseases and other root problems will be reviewed. Even beginners can be successful at tending to and caring for beautiful flower orchids.



This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Thursday, January 13

Time: 7:00 pm

Cost: FREE but registration is required

Creating A Cottage Style Garden – with Rutgers Master Gardener Diane Lattanzio



Do you dream of a lush, colorful informal garden filled with old-fashioned flowers? Then Cottage Gardening is for you! The charm of a cottage style garden is characterized by the profusion of plants, color, fragrance and a little bit of whimsy. Essential

elements and simple steps to achieve the look of a cottage garden will be presented.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Thursday, February 17

Time: 7:00 pm

Cost: FREE but registration is required

Spring Gardens – with Rutgers Master Gardener Bill Moran

This presentation covers all the steps to rejuvenating an old garden or creating a new garden from scratch. Photographs to show each step are included. The speaker will show the proper tools and equipment



and how to use them. There will be a discussion and pictures of new annuals and perennials and how to purchase healthy plants. Finally, Bill will discuss how to plan a vegetable garden with three growing seasons continuing from mid-March into early January.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

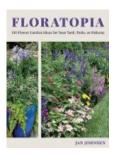
Date: Thursday, March 17

Time: 7:00 pm

Cost: FREE but registration is required

An Evening with Jan Johnsen and Her New Book, Floratopia

Join landscape designer, Jan Johnsen, as she shares her experience and contagious passion for flowers in her illustrated talk based on her new book, Floratopia – 110 Flower Garden Ideas



for Your Yard, Patio or Balcony. Jan offers illustrated tips for flowers in pots and planters, planting techniques, and flower design suggestions. She underscores flowers' role as pollinator magnets and encourages combining grasses and flowers and using deer resistant selections. She stresses both perennials and annuals and gives recommended cultivars. Jan's aim is to ensure flower success for gardeners of all skill levels.

Jan is a principal of the award-winning Johnsen Landscapes & Pools firm based in Westchester County, New York, and an admired garden designer and author. She taught at Columbia University for many years and still teaches at the New York Botanical Garden. Trained in landscape architecture and professional horticulture, Jan has worked in Japan, Hawaii and Kenya, among other places. She was the 2019 recipient of the prestigious "Award of Distinction" from the Association of Professional Landscape Designers.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Thursday, March 24

Time: 7:00 pm

Cost: \$10 members / \$15 non-members

Save the Date———

Biblical Botany

Dr. Jon Greenberg, an agronomist and Biblical and Talmudic ethnobotanist, is familiar to many of us from his annual Biblical Botany walking tours at The Frelinghuysen Arboretum. In April, as Passover approaches, he will share insights from his research and from Fruits of Freedom, the Torah Flora Hagadab, his botanical guide to the Passover celebration published in 2021.

Dr. Greenberg will explain how every detail of the ritual Passover meal, or seder, carries deep theological meaning, from the choices of vegetables and recipes for the ritual foods to the use of red or green grapes to make the wine for the meal, and even the table settings.

Date: Thursday, April 7

Time: 7:00 pm

virtual programs via zoom

The Garden Tourist's New England, with Jana Milbocker



Do you enjoy beautiful gardens? In this armchair tour of some of the best public gardens and hidden gems of New England, you will learn about each garden's history, horticultural highlights and special events that will inspire you to plan your own visit.

Jana Milbocker is a garden designer, speaker and author. She combines horticulture, design and travel tips to educate, inspire and delight both new and seasoned gardeners. She is the author of The Garden Tourist, The Garden Tourist's New England, and The Garden Tourist's Florida. She has lectured at flower shows, horticultural societies, garden clubs and libraries throughout the Northeast. Jana is the owner of Enchanted Gardens, a landscape design firm in the Boston area.

Date: Thursday, January 20

Time: 7:00 pm Cost: \$10 members / \$15 non-members



Fabulous Gardens of Southeast England, with Judy Snow

Escape the winter for an hour on a tour through some of the outstanding gardens of Kent and Gloucestershire in England. See views of romantic Scotney Castle, Sissinghurst, Penshurst Place and Great Dixter, as well as scenes from smaller gems both public and private. Judy and Jim Snow traveled to these iconic gardens with the Friends of The Frelinghuysen

Arboretum in early summer of 2015 and came away with beautiful photos and wonderful memories.

Date: Thursday, February 24

Time: 7:00 pm

Cost: FREE members /

\$10 non-members



Here is a perfect winter recipe you'll want to make over and over again. Frozen cranberries will work just fine too!



cooking corner

Cranberry, Pear and **Apple Crisp**

- 1½ pounds fresh cranberries
- 1½ cups sugar
- Zest and juice of 1 orange
- 2 apples, peeled, cored and sliced
- 2 pears, peeled, cored and sliced

Preheat the oven to 375 degrees.

Rinse, drain and pick through the cranberries.

In a large saucepan, place half the cranberries and all of the sugar and bring to a boil. Once the sugar has melted and the cranberries begin to pop, remove from the heat and add the rest of the cranberries. Add the orange zest, orange juice and the apples and pears. Stir gently and pour the filling into a buttered casserole dish. Set aside.

For the topping:

- 34 cup old fashioned or quick cooking oats (not instant)
- ¾ cup flour
- ¾ cup brown sugar
- 1 stick butter

Mix all the dry ingredients together. Cut up the butter into small pieces and add it to the mixture. Using your hands, break up the butter until it resembles coarse peas. Scatter the topping over the fruit.

Bake for about 50 minutes or until the fruit is bubbling and the topping is browned. Serve warm with vanilla ice cream.



of The Frelinghuysen Arboretum 353 East Hanover Avenue, P.O. Box 2267 Morristown, NJ 07962-2267

Arboretum Leaves is published quarterly by the Friends of The Frelinghuysen Arboretum. | 973-937-8803 | www.arboretumfriends.org

Heather Emelander, President Lynn Shavelson, Vice President Judith Snow, Secretary Erin Rantas, Treasurer

The Friends of The Frelinghuysen Arboretum and The Morris County Park Commission invite everyone to participate in their programs. If you require an interpreter for the deaf or other accommodations, please contact us at 973-937-8803 or TDD 1-800-852-7899. Please provide two weeks notice.

Registration Procedure

Please register online at www.arboretumfriends.org, or mail in the form below with a check payable to:

> Friends of The Frelinghuysen Arboretum, P.O. Box 2267, Morristown, NJ 07962.

Email Lisa Bencivengo with any questions at lbencivengo@arboretumfriends.net.

registration form

- Registrations for Friends' sponsored programs are accepted on a first-come, first-served basis and will be confirmed when payment is received.
- Credit cards are accepted at our website: arboretumfriends.org. Be sure to follow the Paypal instructions to complete the transaction. Bring your receipt to the program.
- Make checks payable to "Friends". Mail registration form and checks to: Friends, PO Box 2267, Morristown, NJ 07962
- In order to receive a refund, cancellations must be made at least 7 days in advance of the program. To cancel your registration, please send an email to cancellations@arboretumfriends.org. Please include your name, the name of the program and the number of spaces you are cancelling.

WINTER PROGRAMS

Top Mistakes of Backyard Bird Feeding

Virtual Botanical Drawing for Beginners:

Techniques for Drawing Flowers

Creating a Cottage Style Garden

Secrets of Orchids

Spring Gardens

Winter Celebration: Drama Queens: Dark Beauties For Your Garden

For questions or more information, email lbencivengo@arboretumfriends.net.

No. attending

Use this for	m to register for the	Friends' sponso	ored programs	shown below.	
Name					
Address					
City		State	Zip		
Home phone					
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Would you like	an email confirmation?	☐ Yes	□ No		
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FREE	EE An Evening with Jan Johnsen and Her New Book, <i>Floratopia</i>				
	12t	h Annual Commulated Conference			

The Garden Tourist's New England

The Benjamin Blackburn Scholarship

Lecture: Native Plants-Designing

arboretumfriends.org

Fabulous Gardens of

Southeast England

to Attract Wildlife

All programs are virtual, you will receive login instructions once you register.

membership form

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FREE

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□ Patron.....\$500 Student Membership......\$15 must be 18+ and provide appropriate ID Make checks payable to "Friends" and mail with membership form to: Friends, PO Box 2267,

☐ Individual Membership\$25

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Morristown, NJ 07962

Please write a separate check for membership, and do not combine with program registration fees. For more information about membership visit



membership card at time of purchase. Partners. Please show your Friends' The Frelinghuysen Arboretum you can enjoy discounts at our Retail As a member of the Friends of

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10% discount all non-sale merchandise. 545 Weston Canal Road, Somerset atlockfarm.com 732-356-3373

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10% of non-sale merchandise purchased rarefindnursery.com will be donated to The Friends. 957 Patterson Road, Jackson 732-833-0613

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