



arboretum leaves

summer 2022

Friends of The Frelinghuysen Arboretum

notes: *from the Board*

Dear Friends,

May thirty-first marks the end of the Friends fiscal year and I can happily report that we had a successful year. We are indebted to you, our membership, for sticking with us through some confusing times.

There are so many others to thank as well. Here I go!

If you were unable to attend the Friends' 2022 Plant Sale in the Tent, we missed you. What a blast we had! Co-Chairs Ilona Ontscherenki and Carol Lewis, along with a large group of volunteers, tricked the tent out in a matter of days to create a delightful array of healthy, unusual plants. Thanks to Ilona for her vision in bringing the on-site plant sale out of moth balls. Margery Ennist and Lisa Bencivengo, our part time staff people, helped manage the details of this large, multi-faceted event.

Lynn Shavelson chaired the Plant Sale Preview Party with pluck, prosecco, and scrumptious eats.

Judy Snow managed cashiers for almost the entire weekend and the Home Garden Club of Morristown manned the membership table.

Thanks, too, to the Morris County Park Commission staff at The Frelinghuysen Arboretum for making certain we had the added labor and logistical support we needed.

Beyond the Plant Sale, or any one event, we work closely with three contractors throughout the year who are essential to our success and I'd like to fill some space here to acknowledge them. This year they went above and beyond to keep our engines oiled.

Cynthia Triolo

Many of you know Cynthia from the cooking demonstrations she conducts for the Friends and for the many years she worked at The Frelinghuysen Arboretum as the Senior Horticultural Program Specialist. She left the Morris County

Park Commission to work for Rutgers Cooperative Extension of Morris County four years ago. What you might not know about Cynthia is that she continues to support the Friends by coordinating the production of Arboretum Leaves, granting Rutgers Master Gardener CEU's for Friends programs, and by organizing the annual Community Garden Conference held every March.

Ollie Acheson

Ollie has been involved with the Friends for well over 20 years, working on plant sales too numerous to count, Friends European garden trips, several years on the board's finance committee, and throughout it all as technical advisor and webmaster for the Friends' internet activities.

He has been able to continue his web work remotely after moving south several years before COVID forced us all into remote work. Who'd have thought that Zoom would carry so many of the Friends' programs through the last two years?

Per Ollie: Suffice it to say that it has been a pleasure to work with this wonderful organization.

Frances Venturini

Fran began working with the Friends in 2018. Her efforts to keep us in compliance with state and federal policies, her weekly bookkeeping management, tax reporting and end-of-year collaboration with an outside auditor help the Friends Board of Trustees keep pace with changing organizational needs. She is a professional who works with several nonprofits.

We are often heard to remark out loud 'how did we ever manage without her'.

We get by with a little help from our friends!

Yours in horticulture,
Heather Emelander

Why You Should Consider a Water Feature for Your Garden with Dr. Alexander Grimwade

Virtual via Zoom

A garden water feature can be anything from a birdbath to a large Versailles-type installation with sculptures and fountains. Whatever the size or type you choose, it will dramatically alter your landscape, broaden the palette of plants you can cultivate and enhance your garden for wildlife. Dr. Grimwade will consider the ideal site for a pond, styles of construction, equipment, plants and maintenance. Whatever the style and size of your garden, there is a water feature for you!



Alexander (Sandy) Grimwade has been an avid, life-long gardener in Britain, the Netherlands and the United States and currently serves as webmaster for the Delaware Valley Water Garden Society (DVWGS). He has constructed his own backyard pond and advised DVWGS members and many others on construction and management of their water features. Sandy is a Penn State Master Gardener and a volunteer guide and plant advisor at Pennsylvania Horticultural Society events.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Thursday, July 14

Time: 7:00 pm

Cost: \$10.00 members / \$15.00 non-members

Gardening with Ornamental Grasses with Rutgers Master Gardener Diane Lattanzio

Virtual via Zoom

Why are ornamental grasses so great? They are drought tolerant, easy care, deer resistant perennial foliage plants that can enhance your landscape. The growth habits, care, maintenance and uses of a variety of ornamental grasses in the garden will be presented. Handouts describing the characteristics and care of ornamental grasses will be provided.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Thursday, July 28

Time: 7:00 pm

Cost: Free, but please register



ABC's of Lawn Renovation with Rutgers Master Gardener Brian Monaghan

Virtual via Zoom

Not happy with your lawn? If at least half of your lawn is in good condition, why not renovate the rest for the picture-perfect turf you desire. Learn the how, when and why, plus the correct method of lawn renovation. The selection of the right grass seed for your specific needs and soil conditions plus other lawn care tips will be discussed. Rutgers Fact Sheets and other handouts will be provided.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Thursday, August 11

Time: 7:00 pm

Cost: Free, but please register



Grow and Preserve Culinary Herbs for Year-Round Enjoyment with Rutgers Master Gardener Anna Hackman

Virtual via Zoom

Why pay the high prices of grocery store culinary herbs when you can easily grow them yourself? Learn how to grow a multitude of different herbs, both perennial and annual, either from seeds or plants. You will be shown different methods of preserving your herbs so you can continue to enjoy them throughout the winter. The proper way to winterize the herbs in your garden as well as those that can be grown indoors will be discussed. After this presentation, buying herbs at the grocery store will be a distant memory!



This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Thursday, September 8

Time: 7:00 pm

Cost: Free, but please register



Burrow Farm Gardens



More Great Gardens of Cornwall and Devon with Judy Snow

Virtual via Zoom

If you're not quite ready to travel but yearn to see beautiful English gardens, join Friends board member Judy Snow for a virtual tour of 10 amazing gardens in Cornwall and Devon. We'll see plants ranging from unique succulents to towering palm trees, deep borders of gorgeous perennials, and many more. The gardens include: Trebah, St. Michael's Mount, Tregothnan Tea Plantation and Botanical Garden, Killerton, Forde Abbey, Burrow Farm Gardens, Lytes Cary, Milton Lodge Gardens, Bishop's Palace and Gardens in Wells, and Wisley Gardens. Along the way, we'll look in at Port Isaac (where the Doc Martin series is filmed), Wells Cathedral, and Stonehenge. This presentation covers the second half of a trip to England organized by the Friends of The Frelinghuysen Arboretum in 2017.

Date: Thursday, September 22

Time: 7:00 pm

Cost: Free for members / \$10 non-members

The Elizabeth Donnell Kay Rare Book Collection

In upcoming newsletters, we plan to highlight some of the books that are part of this fabulous collection. For those of you who may not be familiar, here is a brief overview by MCPC Collections Staff.

The Elizabeth Donnell Kay Rare Book Collection is housed within the Julia Appleton Cross Horticultural Reference Library at the Frelinghuysen Arboretum. The Rare Book Collection contains a substantial number of significant books illuminating the history of horticulture and the botanical history of the world. The collection includes well over 400 bound volumes, folios and herbaria, ranging in publication date from the early 1500s through the mid-1800s. Significant authors in the collection include Charles Darwin, Andrew Jackson Downing, Washington Irving, Leonard Fuchs, Meriwether Lewis and William Clark, Pedanius Dioscorides, and Elizabeth Blackwell. There are a number of anonymous publications and handwritten documents as well, many of which are receipt books or journals. The collection documents the history of exploration and horticultural discoveries throughout the world. The books document the dissemination of knowledge throughout the world, with titles published in England, France, Amsterdam, Rome, Germany, New York, and Boston. Many of the books document early European exploration into North America, China and South America. Also of significant note are the vast collection of impressive illustrations contained within the books. The earliest book was printed by Peter Schoeffer, head assistant to Johannes Gutenberg. Other artists include Albrecht Meyer, Elizabeth Blackwell, Mary Vaux Walcott, and Pierre-Joseph Redouté. The books themselves embody the history of the printing press and the printing methods over time, including plates and text that have been hand colored (watercolors or oils), copperplate engravings, etchings, and lithographs. Examples of every type of botanic literature are included in the collection.

The Rare Book Collection is open for research by appointment only. Books may not be borrowed. For more information regarding the collection please contact: Melanie Bump, Curator of Collections and Exhibits, mbump@morrisparks.net



Botanical illustrations by Elizabeth Blackwell from The Elizabeth Donnell Kay Rare Book Collection. Top: Cucumber; Bottom: Alcea

garden lover's book club

Sally Hensen and Karen Curry (Co-Chairs)

There is nothing better than sharing interests with like-minded people. That is what we do in the Garden Lovers Book Club. Six times a year we read and discuss books related to gardens and nature via Zoom with members of the Friends. Our schedule and subjects are on the Friends' website calendar and here are some of the books the club enjoyed this year.

- *Entangled Life* by Merlin Sheldrake
- *Brother Gardeners* by Andrea Wulf
- *Weeds: In Defense of Nature's Most Unloved Plants* by Richard Mabey
- *The Food Explorer* by Daniel Stone
- *Nature's Best Hope* by Doug Tallamy
- *The Savage Garden* by Mark Mills

These are the books we will be reading the rest of the year:

- *Fuzz* by Mary Roach (July 11th)
- *The Arbornaut* by Meg Bowman (Sept 12th)
- *Silent Spring* by Rachael Carson (Nov 7th)

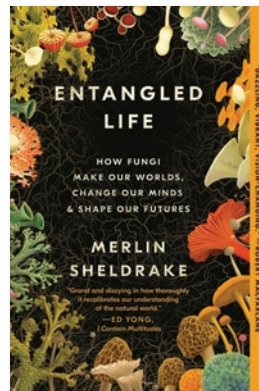
Book Reviews

Entangled Life: How Fungi Make Our Worlds, Change Our Minds & Shape Our Futures by Merlin Sheldrake

When most people think of fungi they think of mushrooms, but they are only the fruiting bodies of fungi. Like apples on a tree. Most fungi live out of sight and are easy to miss yet make up a massively diverse kingdom of organisms that support and sustain nearly all living systems. Sheldrake reveals how fungi, and our relationship with them, are changing our understanding of how the world works.

This book provides a window into the mind-boggling biology and fascinating cultures surrounding fungal life. We are to consider a life form that is radically alien to ours, yet vibrant and lively underfoot. This book is full of startling revelations, detailed science and just enough eccentric humor to make it digestible.

Plan to take your time reading this book. It is a mind-bending tour of the fungal world containing



interesting observations and lovely turns of phrase that move you to slow down, stop, and reread.

There is an extensive Notes section and Bibliography for those who want to study the subject in depth. Read this book, it is time well spent in your horticultural education.

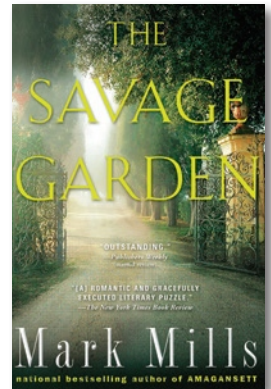
The Savage Garden by Mark Mills

Exploring different literary genres, this year the book club members read *The Savage Garden* by Mark Mills, a mystery set in a medieval garden in the Tuscan countryside. The story begins as Adam Banting, a young English student, is assigned the task of documenting an elaborate garden attached to an ancient family villa in Italy. Supposedly created to honor the memory of the sixteenth century owner's deceased wife, closer study of the sculptures and garden design begin to reveal a different story. At the same time, Adam investigates a more recent death in the present family which also is not all that it seems. The garden is a central feature and the narrative unfolds in a compelling manner as all the secrets concealed over centuries come to light.

For those who might wish to pursue other mysteries where a garden setting plays a major role, here are a few titles:

- *The Forgotten Garden* by Kate Morton
- *The White Garden* by Stephanie Barron
- *Peculiar Ground* by Lucy Hughes-Hallett
- *The Lost Garden* by Anthony Eglin
- *The Bulrush Murders* by Rebecca Rothenberg

At present, the Garden Lovers' Book Club is still meeting via Zoom. All members of the Friends are welcome to join us any time. There is no fee but you must pre-register in order to receive the Zoom link. Go to the Events page at the Friends' website to view meeting dates, times and upcoming titles for discussion, and to register online.



Summer Brunch Recipe

There's just nothing like the summer bounty of fresh peaches and blackberries. Feel free to substitute your own fruit combinations or make a cobbler with just one type of fruit. Either way it will be delicious. And don't forget the vanilla ice cream!

Peach and Blackberry Cobbler

- 8-10 medium peaches, washed and cut into ½ inch pieces
- 2 pts blackberries
- 1/3 cup sugar
- 1 ½ tablespoons cornstarch

Cut up the peaches and place in a large bowl. Add the blackberries, sugar and cornstarch. Toss gently and set aside.

For the cobbler dough:

- 3 cups flour
- 1 teaspoon salt
- 3 tablespoons sugar
- 4 ½ teaspoons baking powder
- 6 ounces butter
- 1 ½ cups heavy cream



© Taste of Home

Preheat oven to 350°

Measure the flour, salt, sugar and baking powder into a large bowl. Cut in the butter until the mixture resembles coarse peas. Add the heavy cream and stir with a wooden spoon until the dough comes together. It will be sticky. Dump out onto a floured work surface, flour your hands and pat out the dough into a rectangle ½ inch thick. Cut out 2 inch squares. Do not over work the dough. Set the dough squares aside. You can also cut the dough into circles if you prefer but cutting the rectangle into squares ensures there is no waste or rerolling of scraps, which will make the dough tough.

Pour the fruit filling into the pan. Cobblers can be made in any shape or size pan. I prefer deep casserole dishes so that there is a nice proportion of fruit and topping. Top with the dough squares so that most of the surface is covered. Brush the dough with heavy cream and sprinkle with turbinado sugar.

Bake in a preheated 350° oven for about 45 minutes. The juices should be bubbling and the cobbler dough should be nicely browned.

calendar of events

July

14	Why You Should Consider a Water Feature for Your Garden	2
28	Gardening with Ornamental Grasses	2

August

11	ABC's of Lawn Renovation.....	2
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September

8	Grow and Preserve Culinary Herbs for Year-Round Enjoyment.....	2
22	More Great Gardens of Cornwall and Devon.....	3

Save the Dates

2022 Tree Symposium Virtual via Zoom

Tuesdays,
November 1, 8, 15, 22
at 7:00 pm



Regarding Gingerbread Wonderland

We miss the Gingerbread Wonderland event, but unfortunately, health and safety concerns prevent the Friends from staging this popular program in 2022. After consulting with Morris County Park Commission staff, we jointly determined that the unpredictable nature of COVID virus outbreaks combined with the difficulty of social distancing in enthusiastic crowds would put staff, volunteers, and guests at risk. Therefore, we'll be patient and plan to make our own gingerbread creations at home this year. Feel free to share yours on our social media pages!



New Member Portal Coming Soon!

We are excited to announce the introduction of our new Member Portal via memberplanet. On the member portal, you will be able to renew your membership, view, download and print your membership card, update your membership details, register for and keep track of programs and make and view your donations. Stay tuned for more details.



*Friends
of The Frelinghuysen Arboretum*
353 East Hanover Avenue, P.O. Box 2267
Morristown, NJ 07962-2267

Arboretum Leaves is published quarterly by the Friends of The Frelinghuysen Arboretum. | 973-937-8803 | www.arboretumfriends.org

Heather Emelander, *President*
Lynn Shavelson, *Vice President*

Judith Snow, *Secretary*
Erin Rantas, *Treasurer*

The Friends of The Frelinghuysen Arboretum and The Morris County Park Commission invite everyone to participate in their programs. If you require an interpreter for the deaf or other accommodations, please contact us at 973-937-8803 or TDD 1-800-852-7899. Please provide two weeks notice.

Registration Procedure

Please register online at www.arboretumfriends.org, or mail in the form below
with a check payable to:

Friends of The Frelinghuysen Arboretum,
P.O. Box 2267, Morristown, NJ 07962.

Email Lisa Bencivengo with any questions at lbencivengo@arboretumfriends.net.

registration form

Use this form to register for the Friends' sponsored programs shown below.

- Registrations for **Friends' sponsored programs** are accepted on a first-come, first-served basis and will be confirmed when payment is received.
- Credit cards are accepted at our website: arboretumfriends.org. Be sure to follow the Paypal instructions to complete the transaction. Bring your receipt to the program.
- Make checks payable to "Friends". Mail registration form and checks to: Friends, PO Box 2267, Morristown, NJ 07962
- In order to receive a refund, cancellations must be made at least 7 days in advance of the program. To cancel your registration, please send an email to cancellations@arboretumfriends.org. Please include your name, the name of the program and the number of spaces you are cancelling.
- For questions or more information, email lbencivengo@arboretumfriends.net.

Name _____

Address _____

City _____ State _____ Zip _____

Home phone _____

Secondary phone ☐ Work ☐ Cell ☐ Other _____

Email _____

Would you like an email confirmation? ☐ Yes ☐ No

No. attending

SUMMER PROGRAMS

Cost

_____	Why You Should Consider a Water Feature for Your Garden	_____
_____	Gardening with Ornamental Grasses	FREE
_____	ABC's of Lawn Renovation	FREE
_____	Grow and Preserve Culinary Herbs for Year-Round Enjoyment	FREE
_____	More Great Gardens of Cornwall and Devon	_____

You will receive login instructions for virtual programs once you register.

membership form



Yes, I would like to join the Friends of The Frelinghuysen Arboretum.

Name _____

Address _____

City _____ State _____ Zip _____

Home phone _____

Secondary phone ☐ Work ☐ Cell ☐ Other _____

Email _____

- ☐ Individual Membership\$25
- ☐ Family Membership\$35
- ☐ Extended Family Membership\$45
- ☐ Associate Member\$50
- ☐ Supporting Member\$100
- ☐ Contributing Member\$250
- ☐ Patron\$500
- ☐ Student Membership\$15
must be 18+ and provide appropriate ID

Make checks payable to "Friends" and mail with membership form to: Friends, PO Box 2267, Morristown, NJ 07962

Please write a separate check for membership, and do not combine with program registration fees.

For more information about membership visit arboretumfriends.org



As a member of the Friends of
The Frelinghuysen Arboretum you
can enjoy discounts at our Retail
Partners. Please show your Friends'
membership card at time of purchase.

Retail Partners Program

arboretumfriends.org

ATLOCK FARM

545 Weston Canal Road, Somerset
732-356-3373 atlockfarm.com
10% discount all non-sale merchandise.

BACK TO NATURE HOME AND GARDEN

3055 Valley Road, Basking Ridge
908-350-7506 backtonature.net
10% discount all merchandise.

BARTLETT TREE EXPERTS

1-877-BARTLETT bartlett.com
15% discount tree feeding.

BLUE MOREL RESTAURANT & WINE BAR

THE WESTIN HOTEL

2 Whippany Road, Morristown
973-451-2619 bluemorel.com
10% discount all food purchases.

CONDURSOS GARDEN CENTER

96 River Road, Montville
973-263-8814 condursos.com
10% discount regular retail price on all
green goods. Not to be combined
with other offers. Offer does not
include gift certificate purchases or
delivery charges.

COUNTRY MILE GARDENS

1108 Mt. Kemble Avenue, Morristown
973-425-0088 countrymilegardens.com
10% discount all non-sale merchandise.

THE FARM AT GREEN VILLAGE

403 Green Village Road, Green Village
973-377-8703
TheFarmAtGreenVillage.com
10% discount all plant material.
Not to be combined with other offers.

HALL'S GARDEN CENTER & FLORIST

700 Springfield Avenue, Berkeley Heights
908-665-0331 hallsgarden.com
10% off anything with a root. Not to be
combined with other offers & excludes
fresh flowers.

J&M HOME & GARDEN

201 Main Street, Madison
973-377-4740 jmhg.com
10% discount all plant material.
Not to be combined with other offers.

FARMSIDE GARDENS & FLORIST

19 Loomis Avenue, Sussex
973-875-3160 farmsidegardens.com
10% discount all plant material.

METROPOLITAN FARM

119 Hickory Lane, Closter
201-767-0244 metropolitanfarm.com
10% off anything in store.
Not to be combined with other offers;
excludes fresh flowers.

METROPOLITAN PLANT EXCHANGE

471 Mt. Pleasant Avenue, West Orange
(locations also in Fort Lee and Paramus)
973-736-1997 metroplantexchange.com
10% off anything in store.
Not to be combined with other offers;
excludes fresh flowers.

MORRISTOWN AGWAY

176 Ridgedale Avenue, Morristown
973-538-3232 agway.com
10% discount plants & selected
merchandise.

NJ DEER CONTROL

PO Box 8365, Red Bank
1-855-DEER GUYS NUDEERCONTROL.com
10% discount for any subsequent
applications. Not to be combined with
other offers. Free Trial application.

PLANT DETECTIVES

45 US Highway 206, Chester
908-879-6577 plantdetectives.com
15% discount. Not to be combined with
loyalty club discount.

RARE FIND NURSERY

957 Patterson Road, Jackson
732-833-0613 rarefindnursery.com
10% of non-sale merchandise purchased
will be donated to The Friends.

STEVEN KRISTOPH NURSERY

9 Roberts Road, Millstone Township
732-446-1440 pstevenkristoph.com
10% discount on Azaleas,
Rhododendrons, Ornamental Trees,
Shrubs & Perennials.

SUNNYSIDE GARDENS

35 Route 206, Stanhope
973-347-3010
sunnysidegardenandgifts.com
10% discount on plant purchase.
Not to be combined with other offers.

WELL-SWEEP HERB FARM

205 Mount Bethel Road, Port Murray
908-852-5390 wellssweep.com
10% off Tuesday-Thursday, May-
September, excludes Special Event
Days and sale items.

WILD BIRDS UNLIMITED®

Denville Commons Shopping Center
3130 Route 10 West, Denville
973 629-7636 www.wbu.com/denville
10% discount off all items

WILLIAMS NURSERY

524 Springfield Avenue, Westfield
908-232-4076 williamsnursery.com
10% discount on all non-sale merchandise.