



arboretum leaves

spring 2024

Friends of The Frelinghuysen Arboretum

The Friends of the Frelinghuysen
Arboretum invite you to our

Annual Plant Sale Under the Tent!



There will be special early shopping along with refreshments for members only on Friday evening, May 3rd, from 4:00 pm to 7:00 pm. Be sure to reserve a spot here: <https://www.arboretumfriends.org/events/> or contact lbencivengo@arboretumfriends.net to register for the Plant Sale Preview Party.

Throughout the sale you'll be able to get advice from local plant experts and select from a huge variety of houseplants, annuals, perennials, shrubs, and trees. Preview the sale by signing up for free Zoom evenings during the month before the sale.

Details at <https://www.arboretumfriends.org/events/>

Want to get involved and learn more about the plants at the sale?

Volunteer to help us set up April 29 – May 3 and during the sale May 4 – 5. See all the opportunities and sign up here: <https://www.signupgenius.com/go/805054CA5AC2CABFF2-47668743-2024#/>

Dates and hours of the 2024 Plant Sale

- Friday, May 3 – Members Only
4:00 pm – 7:00 pm
- Saturday, May 4
9:00 am – 4:00 pm
- Sunday, May 5
Noon – 4:00 pm

*See pg. 2 for
our upcoming
Plant Sale Preview
Presentations*



2024 Plant Sale Preview

Virtual via Zoom Programs



Goldie's Wood Fern, photo courtesy of Jean Epiphan

Native Ferns for Northern New Jersey with Jean Epiphan

Learn about the diversity of ferns indigenous to Northern New Jersey as well as their ecological importance and environmental benefits. Each species' characteristic will be reviewed in detail, including how to identify and differentiate them, what their site preferences are and their tolerances, plus how to best incorporate them into your garden and landscape.

Jean Epiphan is an Agriculture and Natural Resources Agent and Associate Professor, Rutgers Cooperative Extension of Morris County.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Wednesday, April 3

Time: 7:00 pm

Cost: FREE, but registration is required.

Register here: <https://www.arboretumfriends.org/events/>

Native Plants You Love for the Northeast with Carolle Huber

This presentation will showcase some of the most important native plants for suburban gardens, why they're important, where to plant them, their deer tolerance, and some of Carolle's favorite combinations for your own garden. Carolle will discuss why planting natives is crucial and how to understand cultivars.

Carolle is a Landscape Architect practicing 'Suburban Ecology' in New Jersey. She holds degrees in both Environmental Science and Landscape Architecture, has won numerous professional awards and has been published in many magazines, including Edible Jersey and Wild Ones.

This program is eligible for 1.0 Rutgers Master Gardener CEU's.

Date: Wednesday, April 10

Time: 7:00 pm

Cost: FREE, but registration is required.

Register here: <https://www.arboretumfriends.org/events/>



Carolle Huber

calendar of events

April

3	2024 Plant Sale Preview: Native Ferns for Northern New Jersey	2
10	2024 Plant Sale Preview: Native Plants You Love for the Northeast	2
20	Springtime Favorites: Cooking Demonstration.....	5

May

3	Members Only Plant Sale	1
4 – 5	Friends of The Frelinghuysen Arboretum's Annual Plant Sale	1

June

5	Botanic Gardens from Coast to Coast and What We Can Learn from Them.....	4
8	June is Busting Out All Over: Cooking Demonstration	5

notes from the board

*You can never hold back spring.
Remember everything that spring can bring.
Baby, you can never hold back spring.
— Tom Waits*

I suspect there aren't many people who would wish to hold back Spring. This year even the groundhog can't keep it from washing over our senses like an avalanche. The first intimations of Spring in my garden are the hellebores and a small patch of galanthus. What is it in your garden?

The Friends began 2024 with our popular Member's New Year Party. Flowers by Margery Hulstrunk and Russell Gatzke. Conversation about early cookbooks in the Elizabeth D. Kay Rare Book Collection by Morris County Park Commission's Curator, Melanie Bump. Melanie's tales of sleuthing her way through historical books and documents to gather a broader picture of life, meals, and plants in Morris County was superbly entertaining. The refreshments were delicious and the comradery heart-warming. The Friends are grateful to our Honorary Chair, Rodney Frelinghuysen, for his sponsorship of this event.

February is the month the Friends work toward funding the Blackburn Scholarship which is awarded yearly to a student enrolled at the County College of Morris in its Horticulture and Landscape Program. If you weren't in attendance, we were excited to welcome our long-time friend, Marta McDowell, to the podium to discuss her new book, *Gardening Can Be Murder*. Marta just keeps getting better and better. A new friend of the Friends, Bill Burke from Mendham Capital Management, sponsored the scholarship lecture and attended as our guest. Mendham Capital's support allowed us to build a larger fund than we could have imagined in past years, one that will surely light up a deserving student's life.

The Community Garden Conference hasn't happened yet, but it promises to be informative and inspirational with a special pre-recorded video address by Senator Cory Booker on the efforts of our community gardeners to alleviate hunger in New Jersey.

As I look ahead, the Friends' efforts will be dedicated to the first weekend in May when we will hold our annual Plant Sale Under the Tent. The Trustees of the Friends wish to thank Ilona Ontscherecki for her many years serving as Chair of the Plant Sale Committee. Ilona brought her brilliance and broad set of skills to the planning of this event. A constant traveler before covid, Ilona's wanderlust swept her off her feet again and she will be traveling for much of this year. Who will be the 2024 Plant Sale Chair? Yep. Me. Frightened? Friends, I began this journey by being petrified. As I now have some contacts, commitments from volunteers, and knowledge of what needs to happen and when, my fear has turned into excitement. I hope you will consider joining us as a volunteer and as a customer. I promise you'll have fun and likely learn something at the same time. Please get in touch with us for more information. You'll find contact information further on in this newsletter.

We've programmed two free pre-plant-sale talks in April that will offer information on native ferns for the Northeast and a talk by our good friend, Carole Huber, who will offer firsthand information on native choices for your New Jersey garden. Join us via Zoom and later find many of the plants at the May 4th and 5th Plant Sale. If you're free on May 3rd do come to our Preview Party from 4-7 pm! The Hospitality Team and the Plant Experts Team will be on hand to make it a memorable evening and you'll get first choice of the plant selections. Did I mention that our plants are sourced from within a two-hour radius of the Arboretum and have been carefully inspected by the NJ Department of Agriculture? I really like that part.

Yours in horticulture,

Heather Emelander

President

Friends of The Frelinghuysen Arboretum



Hort Therapy

Among the many programs the Friends support, we are delighted to partially fund the Horticultural Therapy Education classes at The Frelinghuysen Arboretum with a grant to cover the cost of materials.

Hats Off to Ilona!

Ilona Ontscherenki has been a stalwart member of the Friends' Board for many years, serving terms as Secretary and Vice President. More recently she is associated with the annual Plant Sale. She started volunteering in 2009 and began chairing it in 2014. She gave wonderful preview talks, recruited dozens of volunteers, ordered plants, and coordinated the sale from start to finish. It's a huge job, and Ilona always tackled it with enthusiasm, energy, and creative ideas.

Ilona has made many invaluable contributions to programming, bringing in distinguished speakers from among her many connections in the plant world. She also put together the first Pollinator Day program in June 2022, with lots of children's crafts plus vendors and clubs with educational exhibits.

These are just a few of the highlights from Ilona's tenure with the Friends' Board, for which she received an Arbor Day award in 2018. After giving so much of her time and effort, Ilona is stepping down from the Board this year to enjoy some well-earned time for travel, which will no doubt feature gardens! We are truly grateful for her dedication and wish her bon voyage and happy gardening. Cheers!



Ilona Ontscherenki

Botanic Gardens from Coast to Coast and What We Can Learn from Them with Sue Acheson *Virtual via Zoom*



Join intrepid garden traveler, obsessive gardener and past Friends President, Sue Acheson, as she takes us on a Zoom tour of "Botanic Gardens from Coast to Coast." Sue will show seven public gardens from California, Colorado, Missouri, Pennsylvania, and North Carolina, in all seasons and in a broad range of climate zones.

With inspiring, beautiful photographs from each, Sue will show what we can learn from each of these gardens to raise our home gardens to the next level.

All of these gardens are Sue's favorites, along with many others she will save for another day.

Date: Wednesday, June 5

Time: 7:00 pm

Cost: Free for members / \$5 non-members

Register here:

<https://www.arboretumfriends.org/events/>





Our Cooking Demonstrations with Cynthia Triolo have returned!

Springtime Favorites

In person at The Frelinghuysen Arboretum

Spring is finally here and what better way to celebrate the season than with some recipes to take advantage of early spring produce. We'll be using lavender, arugula, rhubarb and other spring veggies to make some new and interesting recipes that you'll want to add to your repertoire. Join us for a fun afternoon, sample the goodies and take the recipes home to try your hand at them.

Date: Saturday, April 20

Time: 1:00 pm

Cost: \$30 for members / \$35 for non-members

Register here:

<https://www.arboretumfriends.org/events/>

June is Busting Out All Over

In person at The Frelinghuysen Arboretum

The amount of fresh fruit and produce available to us here in New Jersey seems like an embarrassment of riches. Let's take advantage, shall we?

Date: Saturday, June 8

Time: 1:00 pm

Cost: \$30 for members / \$35 for non-members

Register here:

<https://www.arboretumfriends.org/events/>



Pasta Primavera

A quintessential springtime recipe

Ingredients:

- ¼ pound sugar snap peas, stems trimmed
- ½ pound asparagus, ends snapped
- 2 tablespoons unsalted butter
- ¾ cup fresh English peas
- ¼ cup thinly sliced spring onion, white part only (or use shallot)
- 2 garlic cloves, finely chopped
- Fine sea salt and pepper
- 12 ounces fettuccine or tagliatelle, preferably fresh
- 2/3 cup grated Parmigiano-Reggiano
- ½ cup crème fraîche or whole milk Greek yogurt, at room temperature
- 3 tablespoons finely chopped parsley
- 1 tablespoon finely chopped tarragon

Directions:

Bring a large pot of heavily salted water to a boil over medium-high heat.

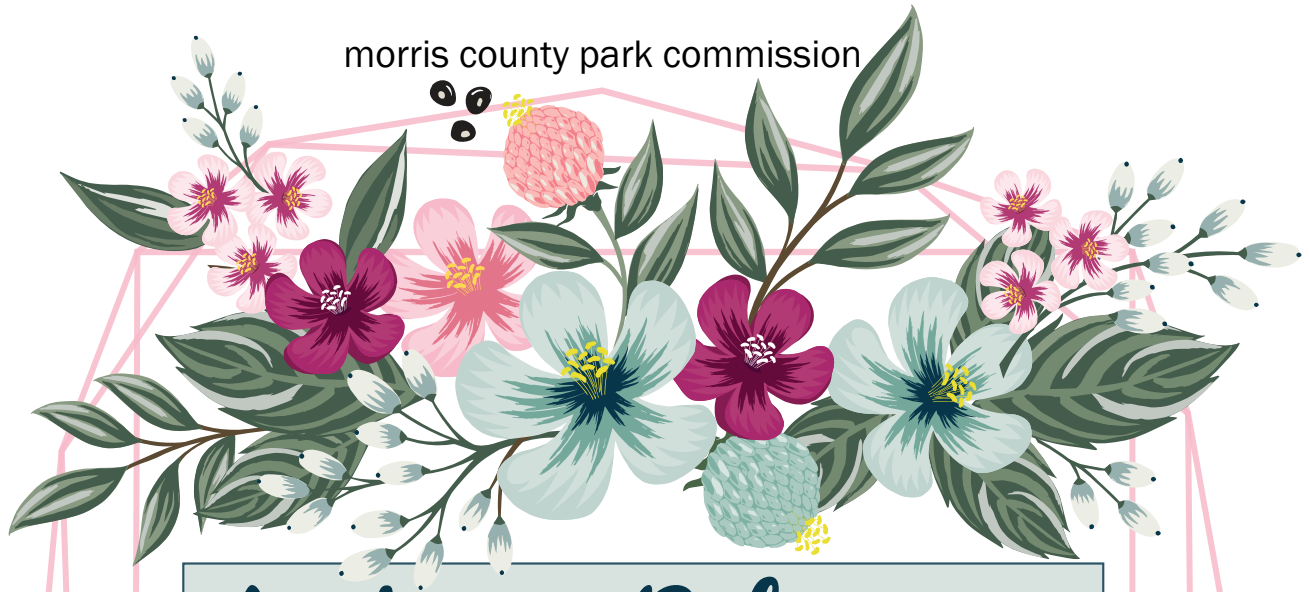
While the water is coming to a boil, slice snap peas and asparagus stems into 1/4-inch pieces; leave asparagus tips whole.

Melt butter in a large skillet over medium-high heat. Add snap peas, asparagus, English peas and onion. Cook until vegetables are barely tender (but not too soft or mushy), 3 to 4 minutes. Add garlic and cook 1 minute more. Season with salt and pepper; set aside.

Drop pasta into boiling water and cook until al dente (1 to 3 minutes for fresh pasta, more for dried pasta). Drain well and transfer pasta to a large bowl. Immediately toss pasta with vegetables, Parmigiano-Reggiano, crème fraîche and herbs. Season generously with salt and pepper.

Friends members receive a \$6.00 discount but you must first call 973.326.7601 if you would like to attend.

morris county park commission



Art in Bloom

June 1 and 2 • 10 am - 3 pm • Adults only

Join us for a magnificent art show featuring original paintings from local artists accompanied by floral arrangement interpretations of their works of art. This year's Art in Bloom will take place in the newly re-opened Frelinghuysen Arboretum's Mansion.

Frelinghuysen Arboretum

353 East Hanover Avenue
Morris Township, NJ 07960
\$30 per person.

Preregistration is required. To register, visit tinyurl.com/ArtInBloom24
If you would like to participate as a flower arranger, call 973.326.7601 for more information.



Follow us!
@MorrisParksNJ
  

morrisparks.net

enjoy the
experience
morris county park commission

with our thanks

*The Friends wish to thank the following supporters
for their recent donations.*

Onnolee Allieri
Michael Babyak Jr. II
Victor Baran
Suzanne Blecker
Gretchen E. Braunschweiger
Adrienne Brown
Albertsons Companies
Barbara Conklin
Andrea Cunningham
David and Jeanne DePodwin
Ryan Eliasof
Mary Alice Elliott
Brenda Flahault
Christine Franov
Diane Freedman
Rodney Frelinghuysen

Mary B. Gallion
Sharon Gleichmann
Mona Daniels-Goldstein
Renee and Tony Sandler Grasso
Renate Gudat
Cynthia P. Hedin
Holly Hoffman
Carolle Huber
Patricia Kanischak
Stuart Lasser
Brian Laucks
David Longyear
Marion Martin
Mary Ann & Felice De Francesco
Mary McGuinness
Richard and Pat Mead
Mendham Capital Management

Christine Monaco
Christopher Monaco
PACT & PACT MSO Owners
Carolyn Paine
Jonathan Root
Paula Scerbo
William Siebert
Dale Simpson
Judith Snow
Melissa Spence
Theresa Swala
Judith Swiatlowski
Meri and Steve Tango
Michael & Andrea Traff
Kelly Welch
Clare Wharton

Announcing a new
Retail Partner!

**JUST
SALAD**

Morris Marketplace
191 E Hanover Ave, Unit E-1
Morristown, NJ 07960

Just Salad is leading the fast-casual restaurant industry in creating a zero-waste dining experience in their stores and through their deliveries. Their sustainability and zero-waste initiatives include their reusable bowl program and carbon-labeled menu.

From now until May 31, 2024, members of the Friends will receive a 10% discount when they show their membership card prior to checkout. Please note this discount is applicable only for the member(s) shown on the member card.



*Friends
of The Frelinghuysen Arboretum
353 East Hanover Avenue, P.O. Box 2267
Morristown, NJ 07962-2267*

Arboretum Leaves is published quarterly by the Friends of The Frelinghuysen Arboretum. | 973-937-8803 | www.arboretumfriends.org

Heather Emelander
President

Pam Posnock
Vice President

Judith Snow
Secretary/Treasurer

The Friends of The Frelinghuysen Arboretum and The Morris County Park Commission invite everyone to participate in their programs. If you require an interpreter for the deaf or other accommodations, please contact us at 973-937-8803 or TDD 1-800-852-7899. Please provide two weeks notice.

Registration Procedure

Please register online at www.arboretumfriends.org, or mail in the form below
with a check payable to:

Friends of The Frelinghuysen Arboretum,
P.O. Box 2267, Morristown, NJ 07962.

Email Lisa Bencivengo with any questions at lbencivengo@arboretumfriends.net.

registration form

Use this form to register for the Friends' sponsored programs shown below.

- Registrations for **Friends' sponsored programs** are accepted on a first-come, first-served basis and will be confirmed when payment is received.

Name _____

- Credit cards are accepted at our website: arboretumfriends.org. Be sure to follow the Paypal instructions to complete the transaction. Bring your receipt to the program.

Address _____

- Make checks payable to "Friends". Mail registration form and checks to: Friends, PO Box 2267, Morristown, NJ 07962

City _____ State _____ Zip _____

- In order to receive a refund, cancellations must be made at least 7 days in advance of the program. To cancel your registration, please send an email to cancellations@arboretumfriends.org. Please include your name, the name of the program and the number of spaces you are cancelling.

Home phone _____

Secondary phone ☐ Work ☐ Cell ☐ Other _____

- For questions or more information, email lbencivengo@arboretumfriends.net.

Email _____

Would you like an email confirmation? ☐ Yes ☐ No

No. attending	SPRING PROGRAMS	Cost
_____	Members Only Plant Sale	FREE
_____	2024 Plant Sale Preview: Native Plants You Love for the Northeast	FREE
_____	2024 Plant Sale Preview: Native Ferns for Northern New Jersey	FREE
_____	Botanic Gardens from Coast to Coast and What We Can Learn from Them	_____
_____	Springtime Favorites: Cooking Demonstration	_____
_____	June is Busting Out All Over: Cooking Demonstration	_____

You will receive login instructions for virtual programs once you register.

membership form



Yes, I would like to join the Friends of The Frelinghuysen Arboretum.

Name _____

Address _____

City _____ State _____ Zip _____

Home phone _____

Secondary phone ☐ Work ☐ Cell ☐ Other _____

Email _____

- ☐ Senior (65+)/Student (18+)/Military Membership\$30*
*copy of Student or Military ID required
- ☐ Individual Membership\$35
- ☐ Dual Membership\$50
(two adults in same household)
- ☐ Family Membership\$60
(two adults + children all in same household)
- ☐ Supporting Membership\$100
- ☐ Contributing Membership\$250
- ☐ Patron\$500
- ☐ Benefactor\$1,000

Make checks payable to "Friends" and mail with membership form to: Friends, PO Box 2267, Morristown, NJ 07962

Please write a separate check for membership, and do not combine with program registration fees.

For more information about membership visit arboretumfriends.org



As a member of The Friends of The Frelinghuysen Arboretum you can enjoy discounts at our Retail Partners. Please show your Friends' membership card at time of purchase.

Retail Partners Program

arboretumfriends.org

ATLOCK FARM

545 Weston Canal Road, Somerset
732-356-3373 atlockfarm.com
10% discount all non-sale merchandise.

BACK TO NATURE HOME AND GARDEN

3055 Valley Road, Basking Ridge
908-350-7506 backtonature.net
10% discount all merchandise.

BARTLETT TREE EXPERTS

1-877-BARTLETT bartlett.com
15% discount tree feeding.

BLUE MOREL RESTAURANT & WINE BAR THE WESTIN HOTEL

2 Whippany Road, Morristown
973-451-2619 bluemorel.com
10% discount all food purchases.

CONDURSOS GARDEN CENTER

96 River Road, Montville
973-263-8814 condursos.com
10% discount regular retail price on all green goods. Not to be combined with other offers. Offer does not include gift certificate purchases or delivery charges.

COUNTRY MILE GARDENS

1108 Mt. Kemble Avenue, Morristown
973-425-0088 countrymilegardens.com
10% discount all non-sale merchandise.

THE FARM AT GREEN VILLAGE

403 Green Village Road, Green Village
973-377-8703
TheFarmAtGreenVillage.com
10% discount all plant material.
Not to be combined with other offers.

HALL'S GARDEN CENTER & FLORIST

700 Springfield Avenue, Berkeley Heights
908-665-0331 hallsgarden.com
10% off anything with a root. Not to be combined with other offers & excludes fresh flowers.

J&M HOME & GARDEN

201 Main Street, Madison
973-377-4740 jmhg.com
10% discount all plant material.
Not to be combined with other offers.

FARMSIDE GARDENS & FLORIST

19 Loomis Avenue, Sussex
973-875-3160 farmsidegardens.com
10% discount all plant material.

METROPOLITAN FARM

119 Hickory Lane, Closter
201-767-0244 metropolitanfarm.com
10% off anything in store.
Not to be combined with other offers;
excludes fresh flowers.

METROPOLITAN PLANT EXCHANGE

471 Mt. Pleasant Avenue, West Orange
(locations also in Fort Lee and Paramus)
973-736-1997 metroplantexchange.com
10% off anything in store.
Not to be combined with other offers;
excludes fresh flowers.

MORRISTOWN AGWAY

176 Ridgedale Avenue, Morristown
973-538-3232 agway.com
10% discount plants & selected merchandise.

NJ DEER CONTROL

PO Box 8365, Red Bank
1-855-DEER GUYS NJDEERCONTROL.com
10% discount for any subsequent applications. Not to be combined with other offers. Free Trial application.

PLANT DETECTIVES

45 US Highway 206, Chester
908-879-6577 plantdetectives.com
15% discount. Not to be combined with loyalty club discount.

RARE FIND NURSERY

957 Patterson Road, Jackson
732-833-0613 rarefindnursery.com
10% of non-sale merchandise purchased will be donated to The Friends.

STEVEN KRISTOPH NURSERY

9 Roberts Road, Millstone Township
732-446-1440 pstevenkristoph.com
10% discount on Azaleas, Rhododendrons, Ornamental Trees, Shrubs & Perennials.

SUNNYSIDE GARDENS

35 Route 206, Stanhope
973-347-3010
sunnysidegardenandgifts.com
10% discount on plant purchase.
Not to be combined with other offers.

WELL-SWEEP HERB FARM

205 Mount Bethel Road, Port Murray
908-852-5390 wellsweep.com
10% off Tuesday-Thursday, May-September, excludes Special Event Days and sale items.

WILD BIRDS UNLIMITED®

Denville Commons Shopping Center
3130 Route 10 West, Denville
973 629-7636 www.wbu.com/denville
10% discount off all items

Just Salad

Morris Marketplace
191 E Hanover Ave, Unit E-1,
Morristown, NJ 07960
10% off until May 31, 2024